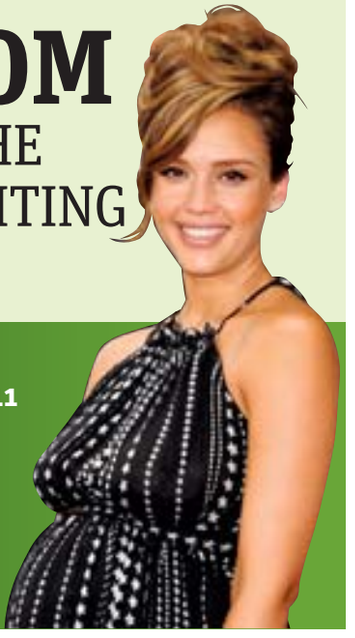
Group Win
July 29
Whitby, ON
Lotto MAX
$15 MILLION WINNERS
Will *YOU* be the next WINNER?

CANADIAN CROWN
ROGERS CUP WAS THE VICTORY SERENA REALLY WANTED {page 22}

SUPERMOM
ALBA'S SAVING THE WORLD AND AWAITING DIAPER DUTY {page 15}



TORONTO metro®
Monday, August 15, 2011
www.metronews.ca
News worth sharing.

Water ski. Competition

▶ Toronto's Stephen Collins carves into the water as if it were butter as he competes during the Canadian Water Ski Championships 2011 over the weekend in Kettleby, Ont.

SCOTT MURRAY/FOR METRO

Skiing siblings snare a fistful of medals

Stephen Collins, 21, won bronze in jumps, silver in tricks and silver overall in the elite men's division at the Canadian Water Ski Championships 2011 in Kettleby, Ont. In the open men's division, he nabbed bronze in tricks and a silver for overall. Sister Megan, 19, picked up a silver in slalom, while brother David, 15, grabbed the bronze for tricks. The championships were presented by Ski Nautique and organized by the not-for-profit Water Ski and Wakeboard Canada.

Party sees red over jibes

Leader of 'real' communists compares Mammoliti's statements to McCarthyism

The Communist Party of Canada is thinking about filing a human rights complaint against Coun. Giorgio Mammoliti, the party's Ontario leader said yesterday.

Elizabeth Rowley, on a radio show, compared Mammoliti's statements to those of former U.S. senator Joseph McCarthy, who alleged in the 1940s and 1950s that communists had infiltrated the American government. "Anybody who objects apparently to the proposals that are coming from the Ford administration is being attacked as a communist."

Mammoliti, a prominent ally of Mayor Rob Ford with a long history of provocative remarks, has gleefully escalated his red-baiting rhetoric over the last week. By Friday, he had progressed to alleging, without any evidence, that six or seven sitting councillors are communists who want the municipal government to seize all private property and control the minds of Toronto residents.

"If anyone should complain, it's me ... because it's them who attacked my Facebook with their comments and ... their 'comrade' suggestions."
COUN. GIORGIO MAMMOLITI

TORSTAR NEWS SERVICE

Why settle for old technology? Get LASIK!
Before Flat Screens
Before Laser Vision Correction
Laser vision correction starting at
$490 /eye*
Financing Available
LASIK MD VISION
FREE Consultation: 1-877-316-9888
All-Laser LASIK Available
MISSISSAUGA • TORONTO • VAUGHAN
NORTH YORK • WHITBY
* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

1 news

'Rock Snot' becomes a global invasive species after spreading from Canada to congest rivers worldwide. Scan code for story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

Anxious investors hope for a break from recent turbulence on the stock markets. Video at metronews.ca

Follow us on Twitter @metrotoronto

Woman finds her 'missing piece'

It seemed like a cruel coincidence that Mary Young was diagnosed with acute myelogenous leukemia three years ago. She had watched her mother die of the disease, not known to be hereditary, two decades before.

It seemed like a wild improbability that David Vaanice would get a call from a bone marrow registry he signed up for 20 years ago. After all that time, he couldn't believe they tracked him down to tell him he was someone's match.

Once complete strangers, the two are now inextricably linked. Vaanice's stem cells saved Young's life. Her blood, once the universal O-negative, is now O-positive, the rarest type, just like Vaanice.

"It is a little emotional when you get that call," Vaanice says. "All these people out there would love to help but they can't help. I'm the only guy."

Young, 63, and Vaanice, 54, were connected through OneMatch, the unrelated stem cell and marrow registry run by Canadian Blood Services. Since less than one-third of patients who require a transplant find a compatible match in their family, the registry allows doctors to search for donors in a database of 11 million people worldwide. Anyone can register by providing a DNA sample taken through a cheek swab.

TORSTAR NEWS SERVICE

BERNARD WEIL/TORSTAR NEWS SERVICE

▶ Mary Young and Dave Vaanice

Fuel chaos could become norm: Experts

Gas supply chain has little wiggle room, needs changing

Dry pumps, angry drivers and hoarders filling jerry cans could become a common sight in Toronto — especially during the summer when demand for fuel is the highest.

Sound crazy? Industry experts say it's a real possibility that already played itself out last week on a small scale, with Shell stations in the GTA running out of fuel.

"Gas shortages will keep happening, especially in Ontario," said Dave Collins, vice-president of Wilson Fuel, an independent gasoline company.

As the supply chain works now, the amount of fuel refined and then sold at local gas stations is just meeting consumer demand. But last week, that chain broke: Shell's refinery in Sarnia was shut down longer than expected for maintenance. The stockpile of fuel they'd budgeted wasn't enough to supply their stations in Ontario.

The result? Pumps ran dry.

The only real problem it caused was inconvenience to Shell's customers. But in the future, if something isn't done to correct the supply chain problem, it could result in chaos.

One of the problems is that Canada's big oil companies can't easily import fuel if they run low because a refinery breaks down. Experts say government regulations make it too difficult. The government can relax those rules to allow the importation of gas from another country — but only if there's a national emergency.

TORSTAR NEWS SERVICE

Fetish. Fair

▶ Participants march along Church Street yesterday for the Toronto Leather Pride Day Celebrations.

ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Cracking the whip for Leather Pride Day

Participants in the Toronto Leather Pride Day Celebrations marched along Church Street yesterday to protest the rebranding of the Church Street Fair from its fetish origins. The more extreme residents disagree with opening the sacred streets of Boys Town to "prudishness." They also object to the sanitization of sexual expression to make the event more palatable to those who may be offended by the sight of a "leather daddy" in a dog collar.

Police shoot deer after it was struck by car near High Park

A deer was shot by police after it was struck by a vehicle near High Park yesterday.

The doe was hit at around 7:38 a.m. on Coe Hill Drive. The driver was not injured, according to police.

Police, emergency medical services and animal services staff responded to the scene. Police said they closed off Coe Hill Drive. as they tried to secure medical help for the deer. They called the Toronto Zoo but all their veterinarians were in surgery and unavailable.

Trinity Hollis was there taking care of the deer. She said they tried to reach veterinarians, wildlife experts, animal refuge groups but no one was available to help. And so, for about three hours, bystanders cared for the doe. Police said they were then advised to "dispatch" the deer after describing her condition to veterinarians.

TORSTAR NEWS SERVICE

News in brief

Man accused of sexual assault on Toronto bus arrested

TTC. Police have charged a man with sexually assaulting a woman on a bus in Toronto last Sunday.

Rudranathan Naganatharaj, 54, was arrested Saturday night.

Police say a man sexually assaulted a woman on a Toronto Transit Commission bus travelling on Eglinton Avenue East at Bayview Avenue.

He then fled the scene after the vehicle stopped.

Naganatharaj will be appearing in court tomorrow.

THE CANADIAN PRESS

TRANSIT IN THE CITY

Compare and contrast

Do you think your city has the steepest bus fare in the country? Or that there aren't enough buses during rush hour? For the next three days, Metro will be analyzing the transit systems in eight cities across the country and catching up with commuters to find out what grinds their gears — and what they love — about transit in their city

VANCOUVER

- **KM SERVED:** 3,500.
- **TYPES OF TRANSPORT:** Bus, electric trolley, train, subway, ferry.
- **COST PER RIDE:** $2.50; transfer good for 90 minutes.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** System has one of last remaining electric trolley fleets in North America. Both SkyTrain and Canada Line trains are driverless systems. Can text transit-stop number to TransLink to learn arrival time of next bus.

EDMONTON

- **KM SERVED:** More than 40 million each year by bus.
- **TYPES OF TRANSPORT:** Bus, LRT (train).
- **COST PER RIDE:** $2.85; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $84.65.
- **SPECIAL FEATURES:** Patrons can get bus schedules through a smartphone app or by sending a text message to 31100.

OTTAWA

- **KM SERVED:** 6,785.
- **TYPES OF TRANSPORT:** Bus, O-train.
- **COST PER RIDE:** $3.25 or two tickets for $2.60; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $94 regular pass, $116 express.
- **SPECIAL FEATURES:** Transitway, a system of dedicated roadways and lanes reserved for transit and emergency vehicles, lets buses move quickly. All buses are low-floor, accessible and equipped with automated stop-calling systems.

HALIFAX

- **KM SERVED:** 52,500 per day for buses.
- **TYPES OF TRANSPORT:** Bus, ferry.
- **COST PER RIDE:** $2.25; $1.80 bus ticket; transfer good in any direction.
- **MONTHLY ADULT PASS:** $70.
- **SPECIAL FEATURES:** MetroLink buses take passengers from residential areas to downtown non-stop. Service hours increased by 50 per cent since 2002. GoTime allows passengers to call bus stop and hear scheduled departure.

CALGARY

- **KM SERVED:** 848 sq. km.
- **TYPES OF TRANSPORT:** Bus, C-Train.
- **COST PER RIDE:** $2.75.
- **MONTHLY ADULT PASS:** $90.
- **SPECIAL FEATURES:** C-Trains powered by wind-generated electricity through the Ride the Wind program. Since 2001, the C-Trains have been 100 per cent emission-free.

WINNIPEG

- **DAILY PASSENGER TRIPS:** 110,000.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.40 cash or $2.10 bus ticket.
- **MONTHLY ADULT PASS:** $75.35.
- **SPECIAL FEATURES:** Free downtown spirit bus, free transit rides before and after Blue Bomber games, school charters.

LONDON

- **KM SERVED:** 11.6 million projected for all of 2011.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.75 cash or $1.90 with ticket; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** Tuition passes for students, park-and-ride pass for $50. London Transit buses are available on a charter basis for conferences and events.

TORONTO

- **KM SERVED:** 215,631.
- **TYPES OF TRANSPORT:** Bus, streetcar, subway, train.
- **COST PER RIDE:** $3 per ride; transfer good in one direction only.
- **MONTHLY ADULT PASS:** $121.
- **SPECIAL FEATURES:** Hybrid buses make up close to 40 per cent of fleet. Bus drivers will drop female passengers off anywhere along route from 9 p.m. to 5 a.m. More than 97 per cent of bus fleet has bike racks. Can text stop number to learn arrival of next bus.

Plans for expansion

PHOEBE HO
TORONTO@METRONEWS.CA

The TTC has several major projects underway, according to spokesman Brad Ross.

One of the projects is the Toronto-York Spadina subway extension, at an estimated cost of $2.6 billion. This project will extend the TTC into York Region.

"Tunnelling is occurring now, and that subway line will be open in 2015," he said.

Another major project is the Eglinton-Scarborough crosstown LRT, which Ross said is still being designed and engineered. The line will stretch from Scarborough Centre station all the way to the west end at Black Creek Drive.

And the future of fares?

"The TTC's operating budget will be going to the commission in September, and then ultimately to council later this fall, so I can't speak to fares at this point, but that will all become clearer in about a month's time," said Ross.

Your take ...

SOUND OFF

Bus stops without shelters? Tardy service? What grinds your gears about your city's transit system? What do you love about it? Metro wants to hear from you. Tweet us at @metrotoronto.

RATE YOUR SYSTEM

Check out our online poll and rate your city's transit system. Visit metronews.ca. Poll results will be printed in tomorrow's edition.

BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at torontoletters@metronews.ca or send us a message on Twitter. The best answers will be printed in Wednesday's edition.

METRO

Coming up next

Grab a copy of Metro tomorrow, in which we'll look at transit riders' praises and pet peeves. We've also caught up with bus drivers across the country to learn what it's like to deal with passengers all day long.

Facebook claims lawsuit is a 'fraud'

Ceglia says he and Zuckerberg signed an agreement in the lobby of a Boston hotel on April 28, 2003

Attorneys for Facebook and its founder, Mark Zuckerberg, say they have found "smoking gun" evidence on a New York man's computer proving he made up his claim that a contract he signed with Zuckerberg in 2003 makes him part owner of the social network.

Facebook's statements, the strongest yet in what has been a testy case, are contained in court filings in advance of legal arguments scheduled for Wednesday.

Each side has accused the other of withholding materials.

Facebook attorney Orin Snyder said Paul Ceglia has not complied with a judge's order to hand over certain documents and that he has improperly classified others as confidential.

"He does not want the public to know what was discovered on his computers because it includes smoking-gun documents that conclusively establish that he fabricated the purported contract and that this entire lawsuit is a fraud and a lie," Snyder wrote.

Ceglia's attorneys, meanwhile, complain the Facebook lawyers have not given them 175 relevant emails from Zuckerberg's old Harvard University account or a court-ordered sampling of his handwriting from 2003.

THE ASSOCIATED PRESS

Original idea

According to the lawsuit, the contract shows Ceglia paid Zuckerberg $1,000 after he told him about his online yearbook idea.

- Ceglia was to get half of the business if it got off the ground.
- Lawyers for Facebook say Ceglia altered the original agreement to insert references to Facebook and fabricated the emails.
- They have countered with emails pulled from Harvard's server they say show Zuckerberg and Ceglia discussing StreetFax but never Facebook.

Afghanistan. Holy month

▶ An Afghan woman of the Uzbek ethnic group feeds pigeons in front of the Shrine of Hazrat Ali on the 14th day of the holy month of Ramadan in Mazar-i-Sharif, Afghanistan yesterday.

QAIS USYAN/GETTY IMAGES

Reaching Ramadan's midpoint

Muslims across the world are observing the holy fasting month of Ramadan, where they refrain from eating, drinking, sexual activity and smoking from dawn to dusk.

22 **Twenty-two people were killed in the latest high-profile attack targeting Afghan government officials, authorities said.**

Afghan officials attacked

A team of six suicide bombers — some wearing explosive vests — stormed a provincial governor's compound in eastern Afghanistan yesterday, some 50 kilometres north of Kabul. The Taliban claimed responsibility for the attack. THE ASSOCIATED PRESS

Unlimited Data
Unlimited Local Calling
$40
Unlimited Picture Messaging
Unlimited Global Text Messaging
Unlimited Long Distance To Canada + U.S.
Ultimate Unlimited
Back to School Plan
Just $40/month
Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. All features included in each plan must originate within a Mobilicity Unlimited Zone. Premium and special numbers are excluded. 'Unlimited Picture Messaging' refers to picture messages sent to Canada and the Continental US only. 'Unlimited Global Text Messaging' applies to selected countries/carriers. 'Unlimited Long Distance to Canada + U.S.' includes most of Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. ©2011 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.
mobilicity
Now that's smart.

Mobilicity Stores

Toronto
1062A Albion Rd
683 Bloor St W
1209 Bloor St W
435 Danforth Ave
2129 Danforth Ave
104 Dundas St E
491A Dundas St W
1818 Eglinton Ave W, Unit 2
672 Gerrard St E
1394 Gerrard St E
439 Parliament St
1484 Queen St W
1887 Queen St E
1267 St Clair Ave W
542 Yonge St

Mississauga
888 Dundas St E, Unit B2-3
7205 Goreway Dr (Westwood Mall)
2550 Hurontario St
3415 Dixie Rd, Unit 4 (High Point Mall)

Brampton
252 Queen St E
1 Bartley Bull Pkwy, Unit 25
370 Main St N (Kingspoint Plaza)
499 Main St S (Shoppers World)

Etobicoke
2528 Finch Ave W, Unit 17B
2456 Lakeshore Ave W
30A Rexdale Blvd
680 Rexdale Blvd, Unit 4
2032 Weston Rd

Woodbridge
5308 Hwy 7, Unit 5

North York
2111 Jane St, Unit 6
1343 Lawrence Ave W
1030 Sheppard Ave W, Unit 3
6026 Yonge St
6464 Yonge St (Centrepoint Mall)

Markham
4300 Steeles Ave E (Pacific Mall)

Scarborough
250 Alton Towers Circle, Unit C04A
2950 Birchmount Rd, Unit 5B
655 Victoria Park Ave, Unit 2
2375 Eglinton Ave E
1885 Kennedy Rd
4320 Kingston Rd
4002 Sheppard Ave E, Unit 105A
5981 Steeles Ave E, Unit 106
85 Ellesmere Rd (Parkway Mall)
2900 Warden Ave (Bridlewood Mall)

Mobilicity In-Store Kiosk at Zellers

East York Town Centre
1245 Dupont St
2290 Dundas St W
Mississauga Square One
Centrepoint Mall
Lawrence Square
Bridlewood Mall
Shoppers World Danforth
50 Thermos Rd
Cedarbrae Mall

mobilicity.ca

Tories say no go to logo

Widow's anti-asbestos campaign uses Conservative symbol to call for a ban on the controversial export

GRAHAM HUGHES/THE CANADIAN PRESS

▶ Michaela Keyserlingk

The widow of an asbestos victim vows she won't stop using the Conservative party logo in her online ad campaign against the industry, despite the party's demand that she stop.

Michaela Keyserlingk, whose husband, Robert, died in 2009 of mesothelioma, has been running an online banner since the spring that reads: "Canada is the only western country that still exports deadly asbestos!"

Dan Hilton, the party's executive director, has ordered her to stop using the Tory symbol. "Failure to do so may result in further action," Hilton threatened in a July 29 email that carried the subject title "Unauthorized use of trademark."

Keyserlingk said she has tried for years to contact the Tories over this issue. Before he died, her husband, whom she described as "a true-blue Conservative," also wrote letters to Harper , demanding that he put an end to asbestos exports. THE CANADIAN PRESS

Montreal. Parade

▶ Members of Montreal's gay community take part in the annual Gay Pride parade yesterday in downtown Montreal. Tens of thousands of spectators lined the streets, and Mayor Gerald Tremblay and other prominent politicians showed up to lend their support.

GRAHAM HUGHES/THE CANADIAN PRESS

Annual stride for pride

3 charged in mini-putt murder

Three teenagers face second-degree murder charges in a homicide at a mini-putt course in Barrie. Police say Bradley Hubbard, 42, of Collingwood died after an incident Saturday night. The three arrested males, two of whom are 18 and the other 19, are from nearby Innisfil. THE CANADIAN PRESS

Bad day at the beach for Quebecers

50 Police say the four were going 104 km/h in a 50 km zone. The driver was charged with stunting.

Four Quebec residents were arrested twice Friday in the Wasaga Beach area. Police say they caught the four smoking marijuana near the lake in Wasaga Beach and charged them with possession of a controlled substance. The four then decided to head home to Quebec but were again stopped, this time for speeding. They will appear in a Collingwood court at a future date. THE CANADIAN PRESS

Man survives gorge fall

A 27-year-old man is alive after falling more than nine metres down the Niagara Gorge yesterday morning. Fire officials rescued the London, Ont., man, who was sent to hospital with a broken leg and head trauma. Police said he fell while trying to get a better look at the Niagara River. THE CANADIAN PRESS

Coming to Toronto
12 DAYS ONLY!
Tuesday, August 9th through Saturday, August 20th
EYEWEAR EXPO

TRAVELING DESIGNER FRAME SHOW
50% off ENTIRE STOCK
All Frames • All Lenses • All Options
Only at Queen Street (416) 861-6201
Complete pair purchase required. Savings applied to lenses. See optician for details.
the Bay OPTICAL
MKT CODE: NP

Canadian Breast Cancer Foundation
25 Years
CIBC
ANNE
Who are you running for?™
Brian's wife was diagnosed with breast cancer the day before their wedding.
Sunday, October 2, 2011
Walk, run and give generously.
Visit cbcf.org
Canadian Breast Cancer Foundation
CIBC Run for the Cure®

100% PERMANENT HAIR REMOVAL

A It's not a question of coming to **OMI** for treatment. It's a question of why would you even consider going Anywhere else!!!

B These days it seems that everyone wants to offer laser hair removal. Sadly most overcharge and deliver poor results or undercharge for no results. We know because the dissatisfied customers come to **OMI.**

C **DON'T PAY TWICE,** Come to **OMI** first!

SAVE up to 75% (conditions apply)

(most OMI clients are male)

OMI on Rogers TV Channel 5

OMI MEDICAL INC. • 416.223.5500

www.omihair.com • OPEN 7 DAYS A WEEK

Canada's National Notary Public Company

Notarization & Legalization

Over 100 Locations Across Canada

Notarization
Commissioners of Oaths
Certified True Copies
Mobile Notary
Affidavits
E-Document Certification
Passport Processing Services

Red Seal NOTARY

Visit our Walk-In Locations Today

TORONTO | MISSISSAUGA
NORTH YORK | OTTAWA

www.RedSealNotary.com
1-888-922-7325

Fingerprinting
Background Checks
Land Title Searches
Consent to Travel
Authentication & Legalization (Apostille)
Visa Processing Services

China city bows to protests

GETTY IMAGES

▶ Paramilitary police stand guard as thousands protest yesterday against the building of the Fujia chemical plant in Dalian, northeast China.

Censors quickly remove mention of demos on social networking sites

Authorities in a northeastern Chinese port city ordered a petrochemical plant be shut down after more than 12,000 people demonstrated yesterday over pollution concerns, state media said.

Officials also pledged to relocate the Fujia chemical plant from Dalian city, the Xinhua News Agency said.

Scuffles broke out between riot police and protesters demanding that the plant, which produces the chemical paraxylene, be moved after a tropical storm raised fears of a toxic spill, Xinhua said.

Calls to relocate the plant grew after waves from Tropical Storm Muifa broke a dike guarding it last week and raised fears that flood waters could release toxic chemicals.

Paraxylene is widely used in the production of polyester. Chronic exposure can cause death.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft
+ 2.40 (12,542.20)	- 0.24¢ (100.94¢ US)	- $0.34 US ($85.38 US)	$4.06 (- 4.8¢)

Gold contracts $1,742.60 (- $8.90)

Want a career where you can DO MORE?

CGA CERTIFIED GENERAL ACCOUNTANTS

We see more than numbers.

Hear more from a student in the CGA program.

SCAN THE CODE, WATCH A VIDEO.

Look no further than the CGA designation.

It's the accounting accreditation that provides more opportunity, more options, and more financial reward.

CGAs are the CFOs you admire, the well-paid analysts you respect, the COOs at cutting-edge companies you read about.

Get more at CGA-domore.org/metro

LUCAS OLENIUK/TORSTAR NEWS SERVICE

▶ Toronto art collective, The Deadly Nightshades, leads a style spin bike tour that visits designers and retailers throughout the city.

GET A HANDLE ON THIS FASHION TREND

URBAN COMPASS

LIA GRAINGER
METRO TORONTO

"You're going to bike in that?" It's an oft-heard refrain by lady cyclists who choose to pedal the city in style, and perhaps never so often as by the seven women of The Deadly Nightshades.

"Patty made these yesterday from remnants," says Nightshades member Kirsten White of the matching outfits that she and her fellow members wear. She straddles her bike wearing a short turquoise and orange dress accented with zebra stripes. "They were hand-dyed in a bathtub."

A self-described "Canadian all-girl midnight bike gang and design collective combined," the Deadly Nightshades will lead a group of more than 20 bike and style enthusiasts on a "Style Spin." Every Friday until the end of the summer, the Nightshades will guide these free pedal-powered tours of a handful of Toronto design studios usually off limits to the public.

We start at the Drake Hotel on Queen Street West and pedal en masse north to Bloor Street West before turning down an alley to arrive at our first destination: DNS member Irene Stickney's The Make Den at 1207 Bloor St. West. Housed above 69 Vintage, The Make Den offers custom tailoring and sewing lessons, including a special program for teens who wouldn't otherwise be able to afford the classes. We're treated to a fashion show from several of these teens, who look stunning parading through a makeshift backyard runway.

It's just the sort of behind-the-scenes exposure that the Deadly Nightshades work to provide for the city's indie design community.

"We met at Ryerson's fashion design program, and originally we just wanted to bike around the city with a stereo wearing matching jackets," says Deadly Nightshade Laura Mensinga of the unlikely gang's origins. That was five years ago. Today, the Nightshades are fixtures and big-time promoters of the city's cycling and indie fashion scenes.

The tour hits several other studios, among them the Sara Duke Factory Store, cycling bag maker YNOT Cycle, and Sartoria, Sara Torrie's one-woman label specializing in cashmere underwear.

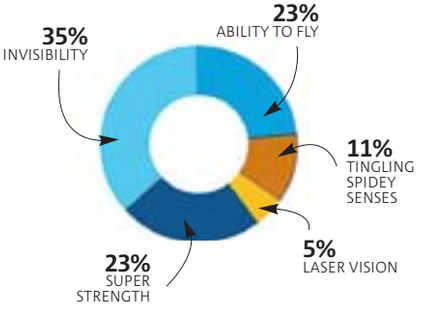
"We want to make cycling less scary and show that you can look good and still be comfortable," says Mensinga as the tour draws to a close and we pedal back to the Drake.

She gives a cheeky grin: "Also, there's power in numbers."

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

If you could have one super power, what would it be?



Local tweets

- ▶**@jterr88:** One clap of #thunder in #Toronto does not qualify as a thunderstorm. I want something wicked and crazy!
- **@deblkay:** The rain has finally started and thunder has been rumbling all afternoon - here we go!
- **@littlez_34:** Positively loving this thunder storm!! #LazySunday
- **@xzavierera:** Hiking & Canoeing on the GrandRiver The thunder rolling behind us. Its a different world #Serenity
- **@m_e_g_a_n_b:** Bonding silently with the punk kid across from me over the hell that is the Go Train pre Britney concert
- **@jiggawoodz:** Blue jays win.....thank goodness!!! I really starting to like the new kid in town, Brett Lawrie!
- **@camsybear:** Unreal game for the boys - Brett Lawrie might be the biggest stud in TO right now #jays
- **@acost321:** It's safe to say that the future has arrived in the blue jays organization #lawrie

Letters

ROB FORD VS. LIBRARIES. How does one define the city of Toronto? A metropolis of diverse cultures, no doubt. But more importantly, our city is home to various social classes — the lower of which Mayor Ford seems to have forgotten.

Among other service cuts, library closures are frankly quite unwarranted. Having come to Canada in 2004, and progressing from a new immigrant to a citizen of this country, I can honestly say from experience that Toronto libraries are not just simple book stores. These establishments are much more than that; rather, they are a constituent of the emotional, intellectual and social sanctuary that supports many of our city's lower/middle class, students and new immigrants.

Consider the many post-secondary students in our city.

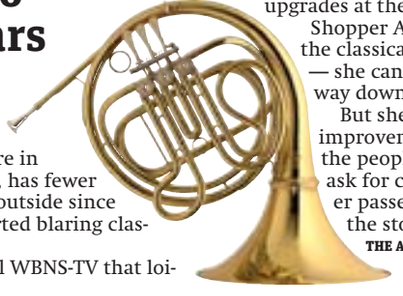
Libraries are the intellectual sanctuary of these Torontonians. The wealth of resources they offer, coupled with the commodious and quiet space, offer the ideal working area for studies and accomplishments needed by these Torontonians.

TIANGE LI
TORONTO

Cartoon by Michael de Adder

WEIRD NEWS

Fewer people loitering is music to their ears



Shoppers and employees say a convenience store in Columbus, Ohio, has fewer people hanging outside since the business started blaring classical music.

Customers tell WBNS-TV that loitering has declined quickly outside the United Dairy Farmers location in the Columbus Short North neighbourhood.

Workers, who have also noticed a change, say the new music went on earlier this week as part of upgrades at the store.

Shopper Allie Beck says the classical music is loud — she can hear it all the way down the street.

But she says it's an improvement over all the people who used to ask for change or bother passersby outside the store.

THE ASSOCIATED PRESS

metro
METRO TORONTO • 625 Church St., 6th Floor • Toronto ON • M4Y 2G1 • T: 416-486-4900 • Fax: 416-482-8097 • Advertising: 416-486-4900 ext. 250 • adinfotoronto@metronews.ca • Distribution: toronto_distribution@metronews.ca • **Associate Publisher** Irene Patterson, **Managing Editor** Tarin Elbert, **Production Manager** Elizabeth Valiaho • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

2 scene

A remake with its own beat

Disney's remake of the classic thriller, Fright Night, pays homage to the original while adding own twist to the story Farrell tries to bring his own quirks to vampire character

CHRIS ALEXANDER
SCENE@METRONEWS.CA

HANDOUT

▶ Actor Colin Farrell will star as seductive vampire Jerry Dandrige in the remake of the 1985 thriller Fright Night.

Tom Holland's original, sublimely campy 1985 vampire thriller Fright Night is one of the most beloved horror films of its decade and the concept of a remake was met with sneers from its most ardent admirers.

How could anyone possibly duplicate the smooth, suave, seductive charm of actor Chris Sarandon as murderous suburban vampire Jerry Dandridge? According to Colin Farrell, who inherited the role in Disney's splashy new 3D remount, you can't.

"Chris was just charismatic, elegant, beautiful and dignified," Farell told Metro last weekend in Toronto.

"My guy has more of an emotional disconnect. In essence there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory. If you were around my Jerry, it would be perfectly normal but there's just something…not right."

Farrell's sexy blood-sucking beast is the lethal neighbour of average Nevada teen Charlie Brewster (Anton Yelchin), who slowly starts to believe his nerdy pal Ed (Christopher Mintz-Plasse) and his wild tales of the undead roaming their bedroom community.

"… there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory."
COLIN FARRELL

After a few close fang shaves, Brewster seeks famous Vegas magician/supernatural authority Peter Vincent (David Tennant) to help him put the stake to Dandridge once and for all.

The film uses the original picture's template as a springboard to forge a gory, funny romp with its own beat, though it often takes the time to wink at fans of the first film, including referencing vampire Dandridge's fondness for fruit.

"I had to get that in," says Farrell of echoing the original's sequences of Dandridge eating apples between killings. "It was just one of those things, a nod to the original. I rolled the apple off table and kind of threw it to myself. As Chris Sarandon said to me, (Dandridge) is a fruit bat. But my version also drinks beer…"

Fright Night 3D opens on Friday.

Box office

Rebellious apes have held off Southern maids for a narrow win at the weekend box office.

Studio estimates Sunday pegged Rise of the Planet of the Apes at $27.5 million, good enough for its second-straight No. 1 finish. The movie forged just ahead of The Help, a drama about Mississippi maids during the civil-rights movement that debuted at No. 2 with $25.5 million.

Three other wide releases opened: Final Destination 5 was No. 3 with $18.4 million; the action comedy 30 Minutes or Less was No. 5 with $13 million; and Glee: The 3D Concert Movie was No. 11 with $5.7 million.

THE ASSOCIATED PRESS

Alec Baldwin to open new season on NBC's 'Saturday Night Live'

The Help drawing mixed reactions

"Despite efforts to market the book and film…, The Help distorts, ignores and trivializes the experiences of black domestic workers. "
PRESS RELEASE, THE ASSOCIATION OF BLACK WOMEN HISTORIANS

DISNEY

▶ Octavia Spencer, right, and Viola Davis are shown in a scene from The Help.

In the United States, where a harrowing history of slavery and segregation casts such a long and painful shadow, the film rendition of the Civil Rights-era novel The Help has sparked controversy just as the book did two years ago.

African-Americans are divided on the story, told by Kathryn Stockett, about a white southern woman in Jackson, Miss., who convinces some black domestic workers to covertly divulge what it's like working for white families amid the frightening events of the Civil Rights movement.

The Association of Black Women Historians has challenged the historical accuracy of the tale, saying it makes light of the struggles of African-American domestic workers during that time period. The group also took issue with Stockett's use of a black dialect, her portrayal of most of the story's black men as cruel or absent, and the scant attention paid to the sexual harassment many black women endured in their employers' homes.

But other African-Americans take issue with that harsh assessment.

Tim Gordon, a black film critic behind the FilmGordon blog, raved about the film on his D.C. radio show earlier this week."My mother really was 'the help' when I was growing up; she worked for a white family," Gordon said. "I thought they did an amazing job with this film."

Regardless of the controversy, the movie debuted at No. 2 in the box office with $25.5 million due to glowing reviews and word-of-mouth buzz.

THE CANADIAN PRESS

Super fast. Super thin. Superphone.

Samsung GALAXY S II™ 4G

Introducing the new Samsung Galaxy S II™ 4G superphone. With a dual-core processor and blazing-fast speeds of up to 21 Mbps (expect average speeds of 3.5 – 8 Mbps),[1] you'll be able to surf, stream and share faster than you ever thought possible. It has a stunningly vivid, 4.3" Super AMOLED Plus screen, an 8MP camera and a 1080p camcorder. And all this is packed into a cutting-edge, ultra-slim design. There's never been a better time to get on the best network, with the largest 4G coverage and the fastest 4G speeds across Canada.[2]

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca

Bell being with Bell just got better

Available at the following Bell stores:

AJAX
Durham Centre

ALLISTON
36 Young St.

AURORA
14799 Yonge St.
SmartCenters Aurora

BARRIE
44 Cedar Point Dr.
632 Yonge St.
Barrie Power Centre
Georgian Mall

BOLTON
SmartCentres Bolton

BOWMANVILLE
Clarington Place

BRAMPTON
59 First Gulf Blvd.
100 Great Lakes Dr.
10086 Hurontario St.
Bramalea City Centre
Shopper's World

BURLINGTON
1100 Walker's Line
Appleby Crossing
Burlington Mall
Mapleview Mall

CAMBRIDGE
499 Hespeler Rd.
Cambridge Center

COBOURG
Northumberland Mall

ETOBICOKE
Cloverdale Mall
Sherway Gardens
Woodbine Centre

GEORGETOWN
330 Guelph St.

LINDSAY
229 Kent St.
Whitney Town Centre

MAPLE
2810 Major Mackenzie Dr.

MARKHAM
7357 Woodbine Ave.
Markville Shopping Centre
Pacific Mall

MILTON
377 Main St. E.

MISSISSAUGA
6965 Davand Dr.
980 Eglinton Ave. E.
Dixie Value Mall
Erin Mills Town Centre
Heartland Power Centre
Sheridan Centre
Square One Shopping Centre
Square One Shopping Centre (kiosk)
Westgate SmartCentres

NEWMARKET
Upper Canada Mall

NORTH YORK
1635 Lawrence Ave. W.
170 Rimrock Rd.
Bayview Village
Centerpoint Mall
Crossroads Plaza
Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall

OAKVILLE
Hampshire Gate at Dundas
Oakville Place

ORANGEVILLE
114 Broadway Ave.

OSHAWA
Five Points Mall
Oshawa Centre

PICKERING
Pickering Town Centre

RICHMOND HILL
Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre

SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (kiosk)
Cedarbrae Mall (kiosk)
Malvern Town Centre
Scarborough Town Centre

SUDBURY
Brady Square
New Sudbury Centre
Southridge Mall

THORNHILL
Promenade Mall

TORONTO
2256 Bloor St. W.
209 Danforth Ave.
2171 Queen St. E.
2081 Steeles Avenue W.
2323 Yonge St.
Chinatown Centre
College Park
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Eglinton Square
Gerrard Square
Holt Renfrew Centre
Royal Bank Plaza
Scotia Plaza
Shoppers World Danforth
Shops at Don Mills
Yorkdale Shopping Centre (kiosk)

UXBRIDGE
307 Toronto St. S.

VAUGHAN
Vaughan Mills
Vaughan Mills (kiosk)

WHITBY
Whitby Mall
Whitby SmartCentres

WILLOWDALE
Fairview Mall
Fairview Mall (kiosk)

WOODBRIDGE
4080 Highway 7

Also available at these retailers:

Best Buy mobile your phone, your way · Costco Wholesale · Future Shop · booth wireless · The Source · Wireless etc... · Wirelesswave

Available with compatible devices within network coverage areas available from Bell Mobility. Other conditions apply. (1) Actual speed may vary due to topography, environmental conditions, device type and other factors. HSPA+ not available in all areas. Bell.ca/network. (2) With compatible devices. Based on comparison of national networks: (a) fastest network in more places, according to tests of average upload and download speeds in large urban centres across Canada (b) largest network, based on total square kms of coverage, and (c) average call failure rate on par, based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ (4G) network available from Bell, vs. Rogers HSPA/HSPA+ network. Excludes roaming partners' HSPA and GSM/EDGE coverage in certain parts of Manitoba. Speed may vary due to topography, environmental conditions, device type and other factors. See bell.ca/network for details. Samsung Galaxy S II is a trademark of Samsung Electronics Co., Ltd., used in Canada under licence. Android and the Android Logo are trademarks of Google, Inc.

CNE

BUY BEFORE AUGUST 19 & SAVE!

Available exclusively at:
Mac's Convenience Stores Lakeshore GO stations & Union Station or online at
THEEX.COM

$8 AT THE GATE
OPENING DAY SPECIAL!

ALL EVENTS **FREE** WITH ADMISSION!†

1 ***Beyond Broadway!***
Aerial Acrobatics & Ice Skating Show
Featuring Olympic medalist
Joannie Rochette
Daily
CHEVROLET

2 **FLOWRIDER Splash Zone Demonstrations**
Daily

3 **International Sand Sculpting Competition**
On display throughout the fair
Aug 19 to Aug 24

CANADIAN NATIONAL EXHIBITION
AUG 19 TO SEPT 5 | 2011
LET'S GO TO THE EX! THEEX.COM

†Does not include rides. All programs subject to change.
Beyond Broadway! Photo Credit: David Cannon Studios

Mob call no 'game' for LA county station

Rapper's tweet could see him face obstruction of justice charges

A rapper is facing heat after a tweet from his account incited a telephone flash mob that overwhelmed the emergency phone system at one of busiest stations of the Los Angeles County sheriff's department, the agency said Saturday.

The sheriff's department alleges the Game tweeted the phone number of the Compton station Friday and told his 580,000 followers to call the number if they wanted an internship.

The southeast LA County station's phones started ringing Friday evening, and the lines were jammed for more than two hours. During that time people with legitimate issues that included a missing person, spousal abuse and two robberies were also trying to call in, department spokesman Steve Whitmore said.

The rapper later posted that his account had been hacked but also tweeted that it was an accident. "Yall can track a tweet down but cant solve murders!" the tweet said. "Dat was an accident but maybe now yall can actually do yall job !!!!"

A call and email to The Game's publicist, Greg Miller at Big Hassle Media, was not immediately returned.

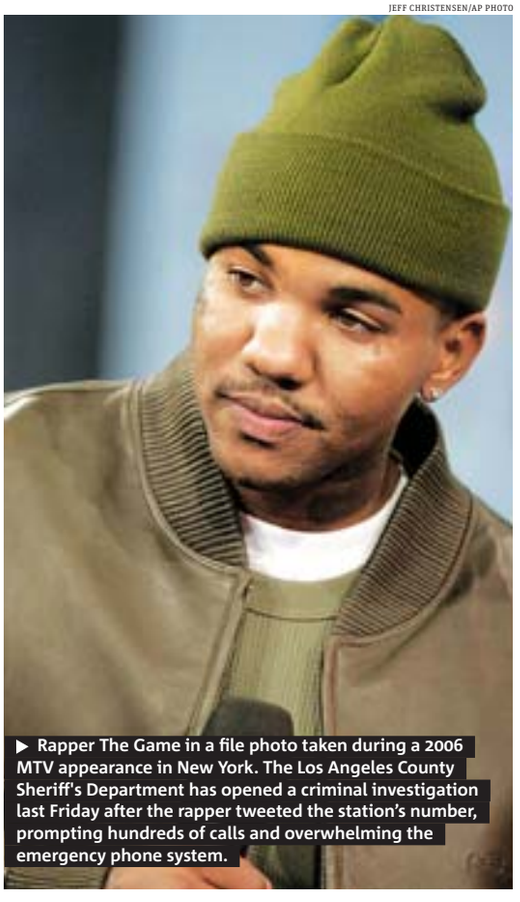
Investigators will document what happened and turn over the information to the district attorney's office by Monday, Whitmore said.

"You've got a guy who posts on a social media site the phone number of a sheriff's station. We want to get the word out 'Don't do that,' obviously," Whitmore said.

The Game is a California-based rapper whose 2005 debut album, "The Documentary," entered the charts at the top and sold 586,000 units in the first week, according to his website. The rapper, who grew up in Compton, has collaborated with famed rappers including Dr. Dre, Kanye West and 50 Cent.

THE ASSOCIATED PRESS

JEFF CHRISTENSEN/AP PHOTO



▶ Rapper The Game in a file photo taken during a 2006 MTV appearance in New York. The Los Angeles County Sheriff's Department has opened a criminal investigation last Friday after the rapper tweeted the station's number, prompting hundreds of calls and overwhelming the emergency phone system.

YOU COULD WIN a copy of SOMETHING BORROWED on Blu-ray combo pack!
Available for purchase and digital download today!
VISIT clubmetro.com TO ENTER
© 2011 Warner Bros Entertainment Inc. All rights reserved.
To register and for full contest details visit clubmetro.com

YOU COULD WIN A RUN OF ENGAGEMENT PASS FOR TWO TO SEE
FINAL DESTINATION 5
NOW PLAYING
WWW.FINALDESTINATIONMOVIE.COM
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

Rogers' FX move may scare big broadcasters

Broadcaster outmanoeuvres big players in a deal to bring a number of American 'buzz' series to Canada

HANDOUT

▶ Jessica Lange stars in American Horror Story.

This Halloween, Canadians will be in for the scare of the season when American Horror Story premieres as part of the launch of FX Canada.

The intense new drama, which stars Jessica Lange, Connie Britton and Dylan McDermott, rattled reporters when it was screened at the recent Television Critics Association summer press tour in Los Angeles. That it is part of an aggressive new programming strategy from Rogers should also throw a North American Horror Story scare into rival broadcasters in Canada this fall. Rogers' announcement last Saturday in Los Angeles that they have partnered with Fox on importing FX finally brings one of the most prized U.S. cable programming brands north of the border.

"We're real excited about it," says Scott Moore, Rogers broadcasting president, who says advertisers are keen to buy into FX fare like Sons of Anarchy.

The move comes as Rogers, which also owns City, Sportsnet, the OMNI stations and several digital TV channels, continues to crash the cosy CTV/Global big boys broadcast club. In May, Rogers reportedly outmanoeuvred traditional Fox buyer Global (owned by Shaw), scooping several "buzz" shows for fall, including Steven Spielberg's dino drama Terra Nova, The Playboy Club and the comedy New Girl starring critics' darling Zooey Deschanel.

When it was suggested at those acquisition meetings that Rogers might want to take a look at the FX comedy Wilfred (starring Elijah Wood), talks began to swing more toward buying a share of the entire FX brand. Those negotiations, spearheaded by Rogers' executive vice president Malcolm Dunlop, continued until just before an agreement was announced last Saturday at the TCA press tour. The deal brings most of the current FX show line-up to Canada under one roof for the first time. Some FX shows, such as the Emmy-nominated modern western Justified — executive produced by Canadian-born showrunner Graham Yost — aren't part of the deal — yet.

Justified, which is distributed in Canada by Sony, currently airs on the premium Pay-TV service Super Channel. FX executives are negotiating with Sony to eventually swing that series to FX Canada. Other shows, such as popular biker drama Sons of Anarchy, will also have a delayed migration. FX Canada subscribers will catch up with the first and second season of that series before rights to Seasons three and four are transferred.

The most valuable FX asset Rogers now shares may not be the programs but the president and general manager, John Landgraf.

In seven years at the helm, Landgraf has helped craft one of the most admired brands in U.S. television. It's not just the shows that have emerged — Rescue Me, Damages, It's Always Sunny in Philadelphia — it is the way Landgraf does business. Nine out of the last 10 pilots FX has ordered have gone to air, an extraordinarily efficient ratio. (Broadcasters, such as NBC or ABC, typically shoot as many as 20 pilots before settling on a few fall entries.)

His efficient, indie-film-style operating system may also be a model for Canadian TV production. FX comedies like Louis, produced for a little over $300,000 per episode, cost a fraction of what a U.S. network comedy costs.

THE CANADIAN PRESS

Migrating series

These FX shows will be making their way north.

- American Horror Story
- Wilfred
- Sons of Anarchy
- The League
- Louie
- Terriers

Hagman slips back in J.R. role

TONY GUTIERREZ/THE CANADIAN PRESS

▶ Larry Hagman

Larry Hagman says slipping back into the character of J.R. Ewing for the upcoming Dallas TV reboot was "just like an old shoe."

"It's comfortable and it's nice to be working at 80," the actor said in a telephone interview from Santa Monica, Calif.

Hagman is reprising his role as the evil Texas oil baron alongside Patrick Duffy as his brother Bobby, and Linda Gray — who played his long-suffering wife Sue Ellen on the hit night-time soap, which ran from 1978 to 1991.

"It's part of your personality," he said of settling back into the iconic role. "It's hard to lose that."

The TNT series is scheduled to air next year and focuses on a new generation of Ewings.

Hagman revealed of the new story line that J.R. has fallen on hard times and that Sue Ellen is now running the family company.

THE CANADIAN PRESS

DISABILITY CLAIMS?
Have you been denied or cut off from your long or short-term disability insurance benefits? We can help you.
FREE INITIAL CONSULTATION
NO PAYMENT UNTIL CLAIM IS SETTLED
416-363-1867
ROCHON GENOVA LLP
BARRISTERS · AVOCATS
www.rochongenova.com

DEPRESSED?
You may be eligible to participate in a medication study on depression if you are: 18–65 years old and currently depressed
For information, visit: AntidepressantTrial.com
Or call our office at the Toronto General Hospital
416.340.4800
EXT 8839
No compensation provided

Call Now
Canada and U.S. .....1.6¢/min*
Haiti ... 24.9¢/min
Guyana ... 26.9¢/min
Scan with your mobile application for more rates. Or visit www.telehop.com/1010100
Simply dial
10-10-100
+ (011 or 1) + the Number
No need to switch phone companies and charges will appear on your current bill.
www.telehop.com | 1•888•882•8056 | Telehop™ 10-10-100
*Flat rate of 25¢ for first 15 minutes. Calls to cell phones may be at a different rate. Rates subject to change without notice. Terms and conditions apply, please see website for details.
369

Long Distance

LOWEST LONG DISTANCE RATE GUARANTEED

Bangladesh	Iran	Lebanon	Romania	Ukraine
3.9 ¢/min	5.9 ¢/min	7.9 ¢/min	1.9 ¢/min	7.9 ¢/min

Australia 1.9 ¢/min	Israel 1.9 ¢/min	South Korea 2.9 ¢/min
Bosnia 13.9 ¢/min	Italy 1.9 ¢/min	Sri Lanka 9.9 ¢/min
China 1.9 ¢/min	Lebanon 7.9 ¢/min	Trinidad 4.9 ¢/min
Colombia from 3.9 ¢/min	Mexico from 1.9 ¢/min	U.A.E 14.9 ¢/min
Cuba 89.9 ¢/min	Pakistan 5.9 ¢/min	U.K 2.9 ¢/min
El Salvador 9.9 ¢/min	Philippines 11.9 ¢/min	Vietnam 4.9 ¢/min
Germany 1.9 ¢/min	Poland 1.9 ¢/min	Serbia 7.9 ¢/min
India 2.9 ¢/min	Russia from 1.9 ¢/min	

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

1 Cent To INDIA 1¢ /min

Calling India at only 1 cent per minute. (Land and mobile included).

$10 /month - 1000 Minutes per Month - 1¢

Unlimited CANADA $5 /mth

Unlimited calling to anywhere in Canada. Available on your home or cell phone.

✓ No matter where you call

✓ No matter what Rate you pay...

Comwave will beat it...GUARANTEED!

comwave

www.comwave.ca

1-866-516-0236

Follow Us...

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The India 1000 Bundle carries a monthly fee of $2.95. Bundles cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Minutes in excess of 1000 minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.net for details.

Home Phone Line

UNLIMITED
WORLDWIDE CALLING

✓ Unlimited calling to almost 60 countries

Including INDIA and more

✓ All features FREE

FREE	Voice Mail
FREE	Call Waiting
FREE	Caller ID

and much more...

Limited time offer! Call to sign up now:

6 Months FREE

comwave®

www.comwave.ca

1-866-516-0236

Follow Us...

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The 6 Month Free Promotion and the rate of $29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive an additional 3 months free for a total of 6 months free if you transfer your phone from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.comwave.ca for details.

Interested in Managing your Diabetes Naturally?

Join a landmark study to manage your diabetes through healthy diet and lifestyle choices.

By participating, you will get:
- advice from a registered dietitian
- advanced check up of your arteries
- additional education in using low glycemic and high fibre diets

You may qualify if you are:
- living or working in the Toronto area
- in good health
- taking tablets for diabetes (but not insulin)

Call St. Michael's Hospital today at
416.867.7474
www.stmichaelshospital.com

UNIVERSITY OF TORONTO FACULTY OF MEDICINE
CIHR IRSC
St. Michael's Inspired Care. Inspiring Science

ARE YOU SUFFERING FROM THE FOLLOWING SYMPTOMS?
RUNNY NOSE? ITCHY EYES? SNEEZING?

IF YOU ARE AGED BETWEEN 5 AND 65 YEARS AND YOU SUFFER FROM SEASONAL GRASS POLLEN ALLERGIES

YOU MIGHT BE ELIGIBLE TO PARTICIPATE IN A RESEARCH STUDY FOR AN INVESTIGATIONAL DRUG THAT MIGHT HELP YOU FIGHT YOUR ALLERGIES.

PLEASE COMMUNICATE WITH US FOR MORE INFORMATION:

Call: MannaResearch @ (416)740-2895

Academy of Design
AT RCC INSTITUTE OF TECHNOLOGY

Learn how to design for today's new media landscape!

Our Graphic Design & Interactive Media diploma will equip you with the skills and knowledge that are in demand by employers today.

Call (905-695-9727) or connect with us online to find out more!

We also offer programs in:
Fashion Design
Fashion Marketing & Merchandising
Interior Design
Video Game Design & Development

905-695-9727 **www.aodt.ca/GD**

Lohan meets rehab deadline

ALL PHOTOS GETTY IMAGES

▶ Lindsay Lohan

Tells judge she can't afford a therapist Judge doesn't buy it

Lindsay Lohan has reportedly started therapy for her issues, as ordered by the court — and just in time, as the deadline for the troubled actress to start treatment is later this week, according to E! Online.

During a court appearance last month, Lohan had told the judge she was trying to find the cash to pay for therapy. In response, the judge told Lohan's lawyer that the actress "needs to find an individual therapist that takes a credit card." METRO

Winehouse letters, tracks, lyrics stolen

In another blow to Amy Winehouse's already upset family, unreleased tracks, lyrics and letters by the late singer have reportedly been stolen from her London home, according to Hollyscoop.

"This is such a sickening shock to the family," the source says.

"The family, record label and management are months away from deciding what to do with any unreleased music. For that to be taken out of their hands is horrible."

Winehouse's father, Mitch Winehouse, is reportedly hoping the issue will resolve itself, though.

"Mitch is willing to give whoever has stolen the items a chance to do the right thing and put them back so it doesn't have to get messy," the source says. METRO

▶ Amy Winehouse

Yeah, baby — Powers is back

Mike Myers has signed a deal to star in a fourth Austin Powers movie, according to HitFix. There's no word on whether Jay Roach, who directed the first three films, will be returning as well. Myers' last live-action starring role was in 2008's The Love Guru, which was a critical and commercial failure. He's since kept a fairly low profile, lending his voice to a forth Shrek film and making a cameo in Quentin Tarantino's Inglourious Basterds. Myers married girlfriend Kelly Tisdale last year and recently announced that they're expecting their first child later this year. METRO

TRY TELEHOP RISK FREE

$36.98* per month

Home Phone
8 Calling Features Included
+
High Speed Cable Internet
300GB Bandwidth Limit

CALL US TODAY 1·800·210·9256

www.telehop.com | Telehop™ Satisfaction is Everything

Scan with your mobile application to sign up today
Or visit
www.telehop.com/internet

*Taxes extra. 2 year commitment required for $8.99 Home Phone Basic Plan. Price subject to change without notice. High Speed Cable Internet service available in certain cities in the GTA only. Terms and conditions apply, please see website for details. If customer is not satisfied with their home phone or internet service, they may cancel the service anytime within 30 days and will not be charged a monthly fee.

805

From real mom to spy mom

With a three-year-old daughter and a baby on the way, Jessica Alba takes on a kid-friendly role in Spy Kids 4 Conversations with the director led to the development of her character

NED EHRBAR
LIFE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

HANDOUT X

▶ Jessica Alba, a soon-to-be-mother of two, stars in Spy Kids 4. This is her first children's movie.

Robert Rodriguez is known for bouncing between pulpy grown-up flicks like Sin City and kid-friendly fare like the Spy Kids series, but actress Jessica Alba, who stars in Spy Kids 4, had never seen him take on the latter.

"Robert doesn't change and his process doesn't change," she insists. "But there's a lightheartedness on a set where when there's kids around. You're not blowing things up and there's no half-naked girls and machine guns. There's no cursing. It's kids' stuff and toys."

While this is the third time Alba has teamed with Rodriguez, it's the first time they've done something family-friendly together. "I talked to Robert about wanting to do a movie that my daughter could see," she says. "There's a lot of natural comedy in being a first-time parent and just being in day-to-day situations."

Of course, in Spy Kids 4, a day-to-day situation could mean fighting off evil henchmen and car chases while extremely pregnant, which Alba does early in the film. "Walking up stairs is challenging when you're nine months pregnant," she admits. "I think it was really just a great comedic set-piece. Like, what if a woman's going through contractions while trying to save the world? And, of course, a woman's going to try to do it all."

Alba later found out that it was her conversations with Rodriguez that led to much of her character — a professional spy who puts work on hold for her family. "He said that my character was inspired by just seeing me trying to balance it all — and probably not doing the greatest job at it, but trying at least," she says with a laugh.

One of the ways she and husband Cash Warren try is by making family the top priority on the weekends. "That's when my husband and I make a concerted effort to not e-mail or text and really spend our time with our daughter and just be completely, 100 per cent focused on her," she says. "During the week, it's here and there depending on if I'm busy with meetings or not. It's a little easier now that she's in school. But it's tough, because I do care about my career. But she's my No. 1 priority, so if she's not doing OK, nothing else really matters."

While baby No. 2 is due any day now, Alba is already thinking about what's on her plate next — and it's not necessarily more family fare. "It's not like I want to only do family or kids' movies from now on," she says. "It's just nice to have a movie that my daughter can actually watch. I do miss doing action, and after I have the baby, I'm looking for a good action movie to do."

"When they're done with college, if they want to get into the arts, that's fine. But I wouldn't encourage them to work in this type of environment."
JESSICA ALBA ON DISCOURAGING HER KIDS FROM GETTING INTO SHOW BIZ

Kid-friendly fajitas

THE CANADIAN PRESS H/O

▶ This recipe makes four servings.

For a summer picnic in the park or a simple meal on the patio, youngsters of all ages will enjoy these chunky chicken fajitas.

Ingredients:
- 30 ml (2 tbsp) oil
- 500 g (1 lb) boneless chicken breasts, cut in strips
- 1 medium green pepper, cut into strips
- 1 medium onion, sliced
- 1 can (284 ml) condensed low-fat cream of celery soup
- 125 ml (1/2 cup) chunky salsa, plus extra for serving
- 8 flour totillas (each 20 cm/8 inches
- 250 ml (1 cup) shredded Monterey Jack cheese

Preparation:

1 In skillet, heat oil. Add chicken and cook until browned, stirring often. Add pepper and onion and cook until vegetables tender-crisp and chicken is cooked through. Add soup and salsa and heat through.

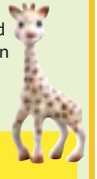
2 Spoon about 125 ml (1/2 cup) of the chicken mixture down centre of each tortilla. Top with cheese and additional salsa. Fold tortillas around filling. THE CANADIAN PRESS/ CAMPBELL'S

3 life

You need this

Sophie the Giraffe Teether

A recent article in Slate upped the profile of this rubber toy, already a huge seller on Amazon and in its home country of France (where it sold an estimated 816,000 last year). Will your baby care about the hype? "Blursh," said ours between bites on its neck. MWN



VULLI
$23 sophiegiraffe-teether.com

A new study

83%

Of injured infants are hurt by their cribs, either because the crib is unsafe or the child is too big for it, according to a new study by the Center for Injury Research and Policy at Nationwide Children's Hospital in Columbus, Ohio.

Five tips for buying food and household items.

BRAMA TELECOM INC.
Introducing Our Best Value
HOME PHONE
$18.95/month
15 Features included
UNLIMITED CANADA
EXTRA 500 min*
WORLDWIDE CALLING
44 Countries Including:
Andorra, Luxembourg, Argentina, Macedonia, Australia, Malaysia, Austria, Netherlands, Belgium, New Zealand, Brunei Darussalam, Norway, China, Croatia, Peru, Cyprus, Poland, Denmark, Portugal, France, Romania, Germany, Russia, Greece, Slovakia, Hong Kong, Spain, Hungary, Sweden, Iceland, Switzerland, India, Taiwan, Ireland, Thailand, Israel, United Kingdom, Italy, U.S.A., Japan, Venezuela, Kazakhstan and much more...
*Land line only
You could win
VISIT clubmetro.com TO ENTER
iPhone4
10 phone packages include:
• free phone adapter
• free activation
• free keeping your number
• free shiping
• 3 month free service
• 3 month $10 long distance
To register and for full contest details visit club metro.com
Start saving today!
No contract, No obligation
416-477-5585
bramatelecom.com/metrosave

A pizza for everyone

Kids will be happy that it's pizza; parents will love its veggie-richness

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

▶ This recipe will serve four people.

Is there a kid out there who doesn't love pizza? This vegetable-rich Swiss cheese rendition will be a sure hit, especially because it's homemade.

Preparation:

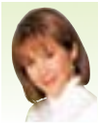
1. Preheat oven to 230 C (450 F).
2. In a frying pan over high heat, melt butter. Sauté mushrooms and garlic until fragrant (do not brown garlic). Add parsley, salt and pepper.
3. Spread the mushrooms on the pizza crust. Top with it rapini or broccoli florets and red onion. Sprinkle with cheese and bake on middle rack of oven for 7 to 10 minutes or until cheese is golden.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 50 ml (1/4 cup) butter
- 750 ml (3 cups) sliced portobello mushrooms
- 2 cloves garlic, chopped
- 50 ml (1/4 cup) chopped fresh parsley
- 1 precooked pizza crust (40 cm/16 inches in diameter)
- 250 ml (1 cup) rapini or broccoli florets, blanched
- 75 ml (1/3 cup) chopped red onion
- 250 g (8 oz) Swiss cheese, shredded
- Salt and freshly ground pepper, to taste

Rose Reisman's Swap It



Dairy Queen is considered a healthier choice since the ice cream is made with milk, not cream. But Blizzards with their additions make this a "once in a blue moon" choice.

MEDIUM DAIRY QUEEN COOKIE DOUGH BLIZZARD
1030 CALS/ 40 G FAT/ 1080 MG SODIUM/ 117 G SUGAR

COOKIE DOUGH IS LOADED WITH CALORIES, FAT AND EXCESS SODIUM! AND TO BOOT, 30 TSP OF SUGAR. IT IS EQUIVALENT TO 4.5 PIECES OF PUMPKIN PIE IN CALORIES.

SWAP IT!

MEDIUM DAIRY QUEEN OREO BLIZZARD
680 CALS/ 25 G FAT/ 400 MG SODIUM/ 79 G SUGAR

AS YOU CAN SEE, CRUMBLED OREO WAFERS ARE A BETTER CHOICE TO COOKIE DOUGH.

FOR MORE VISIT ROSEREISMAN.COM

BALDNESS CURE
WE CAN HELP!
Latest surgical and non-surgical techniques for men and women
FREE CONSULTATION
Before / After

Hair loss treatments
Hair transplants
Laser hair removal
Laser tattoo removal
Photo facial
Age spots
HAIR DOCTOR
2333 Dundas St. W., Suite 305
416.537.3104
www.yourhairdoctor.com

Green salad get a goat cheese upgrade

Preparation:

1. In a blender, combine oil, vinegar, cherries, mustard, honey, salt and pepper until emulsified. Set aside.
2. With a teaspoon, evenly measure out 12 pieces of goat cheese. Between palms of hand, form into balls. Coat all over with amaretti crumbs. Cover and refrigerate until ready to serve.
3. To serve, place mixed greens on salad plates. Top with goat cheese balls; drizzle with vinaigrette. THE CANADIAN PRESS/ FOODLAND ONTARIO

Ingredients:

- 150 ml (2/3 cup) olive oil
- 75 ml (1/3 cup) cider vinegar
- 75 ml (1/3 cup) sour (tart) cherries, pitted
- 30 ml (2 tbsp) grainy Dijon mustard
- 10 ml (2 tsp) liquid honey
- Salt and pepper, to taste
- 125 ml (1/2 cup) goat cheese
- 2 amaretti cookies, finely crumbled
- 1 l (4 cups) mix of baby arugula, baby spinach and Boston lettuce

SEE THE EFFECT OF RECYCLING

Do you know of any charities that accept eye glasses? *Jessica,Vancouver*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Donating your old glasses is an excellent idea. One recycling option is a non-profit called OneSight. Visit its website at OneSight.org/na to use its store locator and find a drop-off location. Sponsoring stores include LensCrafters and Pearle Vision. You could also inquire at your local optometrist.

For over two decades, OneSight has collected and distributed eyewear to those in need all over the world. Its charitable efforts have provided free vision care and eyewear to more than eight million people. And in some countries, a pair of eyewear costs more than a month's salary, so your old pair will mean a lot.

Lions Clubs International also collects millions of eyeglasses each year — one of its most popular activities. It costs less than a dollar to provide a pair of recycled eyeglasses, which can change someone's life.

GETTY IMAGES

▶ Recycling old glasses is easier than you think.

David Suzuki Foundation

Cleaner Ontario — Our Province, Our Future

saveONenergy℠
FRIDGE & FREEZER PICKUP

Save up to **$125** a year on electricity costs by having your old fridge or freezer removed, **FREE** of charge.*

If you have a fridge or freezer that is 15 years old or more and in working condition, the Ontario Power Authority will haul it out of your home and recycle it in an environmentally-friendly way, FREE of charge. Window air conditioners and dehumidifiers† can also be removed if you book an appointment for at least one eligible fridge or freezer.

For complete details or to book an appointment, visit **torontohydro.com/pickup** or call 1.877.797.9473 today.

Subject to additional terms and conditions found at **torontohydro.com/pickup**. *Fridges and freezers must be 15 years of age or more, in working condition and between 10-27 cubic feet. Access conditions apply. †Window air conditioners and dehumidifiers must be 10 years of age or more and in working condition. Funded by the Ontario Power Authority and offered by Toronto Hydro-Electric System Limited. A mark of the Province of Ontario protected under Canadian trade-mark law. Used under sublicence. ℠Official Mark of the Ontario Power Authority. Used under licence. The star design is a trade-mark of Toronto Hydro Corporation used under licence. 'Toronto Hydro' means Toronto Hydro-Electric System Limited.

TORONTO HYDRO

WE KNOW YOU LOVE YOUR METRO
AND WE LOVE THE FACT THAT YOU DO
Visit metronews.ca/mymetro and spend 2 minutes of your time on our online survey on how we can improve our paper and we'll return the love by giving you a great read and a chance to WIN $500!
metro

Setting a school precedent

As first-generation students, Muhammad Cheema and Zayan Rafeek are hoping to establish family traditions

Their future areas of study differ, but Muhammad Cheema and Zayan Rafeek share a common connection beyond friendship: each is a trailblazer within their families in the pursuit of higher learning.

Both bound for Toronto's Ryerson University in the fall, the pair will be among a distinct group of newcomers welcomed into the frosh fold, among the first in their families to make the leap to college or university.

Rafeek is enrolled in the business management program at Ryerson. The Canadian-born son of Sri Lankan immigrants, the 19-year-old said his father had to start working at an early age after Rafeek's grandfather passed away.

"(My parents) kept telling me ... life would be easier if they had continued their education," he recalled in a recent interview following First Year in 40 Minutes, a pre-orientation workshop at the university's downtown campus.

"Money comes and goes, you can get better jobs, worse jobs, good times, bad times, but the personality that develops through education, there's no replacement for it." MUHAMMAD CHEEMA, UNIVERSITY-BOUND STUDENT

DARREN CALABRESE/THE CANADIAN PRESS

▶ Muhammad Cheema, right, a first-year aerospace engineering student, and Zayan Rafeek, centre, a first-year business management student, take part in a pre-orientation workshop for first-year students at Ryerson University in Toronto.

"(My father) would keep telling me, `Keep studying, keep studying, no matter what you do keep studying,"' he added. "I think that really motivated me to study hard. And getting into Ryerson, that was the biggest motivation."

"There is a sense of pride their son has gotten into university," said Rafeek, adding that his parents want him to be a role model for his 11-year-old brother.

The only male among five children, including a set of twin girls, Cheema shoulders similar expectations of setting an example for siblings.

Cheema follows a lofty post-secondary precedent set by his sister, who is going into her third year of life sciences at the University of Toronto.

With aspirations as a child to go into the Air Force, the 18-year-old decided to pursue studies in a related field, and is heading into the aerospace engineering program.

Cheema recalled when his family departed their home country of Pakistan, his father, who worked as an administrator, had singled him out, telling his son he was leaving his work and life there behind for his benefit.

"With that on my shoulders, I'm entering into post-secondary, and it is a lot of pressure, but I guess I have to take it on," said Cheema. "I have to accept it, I have to be grateful for the opportunities it's given for me, it's provided for me."

Five years since arriving in Canada, he said it's been a "pretty smooth ride," learning English, hitting the books and mixing with others and forging friendships.

Despite his achievements to date, Cheema said education remains "basically every day's topic" on the home front, with the emphasis from his family on education leading to betterment.

"A person who has knowledge, a person who has not - the two can never compare," said Cheema. "Money comes and goes, you can get better jobs, worse jobs, good times, bad times, but the personality that develops through education, there's no replacement for it."

Part of Cheema and Rafeek's preview of campus life involved learning more about the university's Tri-Mentoring Program.

One aspect of the program involves matching first-year students with upper-year mentor students from the same faculty and program who share the same language and similar cultural and ethnic backgrounds.

THE CANADIAN PRESS

Family values

- A study published in the Journal of International Migration and Integration in 2005 found that higher educational goals set by visible minority immigrant youth seem to be linked to educational values promoted in their families.
- The findings drew on data from the Youth in Transition Survey from Statistics Canada, and were used to explore the difference in goals for post-secondary education among 15-year-old students.

METRO CUSTOM PUBLISHING CAREER COLLEGE

BRINGING LANGUAGE TO LIFE

Language conveys the essence of a nation. To truly learn one, you must move beyond textbooks — beyond lecturing — and bond with the people who speak it. This is the philosophy behind the Goethe-Institut Toronto: an institution that teaches you as much about contemporary German culture as it does about the language.

"I taught German at McMaster University before I came to the Goethe-Institut Toronto," remembers Ruth Renters, the institute's deputy director, and a former resident of Mönchengladbach, Germany. "Conversing with students — not just lecturing — helped them learn best. A language truly comes to life when you use it."

Classes are small at the Goethe-Institut and dialogue between students and instructors is encouraged from day one. Courses include not only language instruction, but strategies for everyday situations in German-speaking societies. Online and customized individual classes are available too. And the Goethe-Institut's commitment to introducing German culture doesn't just favour its students. Its arts programs, library, and information services are open to everyone.

GOETHE INSTITUT

Is a perfect record perfectly unhealthy?

Schools in U.S. rethink flawless attendance awards

School districts around the United States have been re-examining their attendance policies because of growing concerns about public health.

"This is a big issue," said Dr. Georges Benjamin, director of the American Public Health Association in Washington, D.C. "We ought to do a better job of teaching people when it's appropriate to stay home."

Students who go to class sick probably won't learn much, and may delay their recovery, Benjamin said. "If you're obviously ill, you're not going to feel well enough to pay attention," he said.

The threat of an H1N1 flu outbreak in fall 2009 prompted the discussion in many districts. That's when

KITSAP SUN, MEEGAN M. REID/THE ASSOCIATED PRESS

▶ Danique Gigger of Port Orchard, Wash. has never missed a day of school. That's 180 days a year for 13 years, or 2,340 days.

the Texas Education Agency encouraged districts to review their policies. A number of schools suspended their awards for perfect attendance, but the state did not track how many.

Officials in the Peru Central School District in New York also stopped giving perfect attendance awards that year because of concern that kids would come to school with flu symptoms.

"We had heard from time to time of children attending school when they were best home in bed," said superintendent A. Paul Scott. "This allows families to make decisions about what is best for their children."

The change in policy does not mean that the district has lowered its expectations for students, Scott said.

"We expect perfection," he said. "We'll settle for excellent – and now that is true for our attendance policy." THE ASSOCIATED PRESS

GIVING GOOD ADVICE BRINGS GOOD KARMA

English and Bilingual Customer Service Reps wanted.

HAMILTON | OSHAWA | MISSISSAUGA

95% of our management team began their career in a position like this. START YOURS TODAY!

www.minacs.adityabirla.com

ADITYA BIRLA minacs

You don't always get what you pay for – especially when it comes to insurance

Are You Paying Too Much?

The motto "you get what you pay for" used to be true of most things, but the times, they are changin', and this is no longer true for many things, most notably car insurance. In fact, you could be paying hundreds, or even thousands of dollars more than you should for your coverage.

How is this possible? It is somewhat complicated to explain, but, to sum it up: Insurance companies base their rates on their experience with similar driver profiles and cars. Since no two companies' experiences are exactly the same, it is rare that different companies will give you the same potential insurance premium for your profile and car.

Experience Counts

It has been statistically proven that drivers over 50 years of age have fewer accidents and tickets than the average, and this means that there are more potential savings to be found for more experienced drivers. In fact, some companies actually specialize in serving the mature market, so it's definitely worth comparing rates.

Loyalty May Not Pay

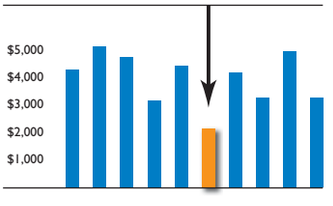
If you are getting a loyalty discount you might be thinking that you are better off staying with your current insurance provider. This might be true, but it's impossible to be certain without doing some research. You just might find that the potential savings far outweigh any loyalty discount being offered.

InsuranceHotline.com is FREE, easy to use, and there is absolutely no obligation. Click, compare, and save today!

Rate Comparison

Driving Record	Lowest Price	Highest Price	Savings
Clean Record	$958	$2,213	$1,255
1 Ticket	$1,018	$2,552	$1,534
1 Accident	$1,849	$3,753	$1,904

InsuranceHotline.com finds this rate for drivers – for FREE!



Start Saving Your Money Now

InsuranceHotline.com helps you save your money by making insurance companies compete for your business. With free quotes and access to rates from over 30 insurance companies, InsuranceHotline.com is the simplest and easiest way to lower your car insurance rate. So don't wait another minute.

Go online to InsuranceHotline.com and start saving your money now.

InsuranceHotline.com

Your search engine for lower insurance rates

GET FREE INSURANCE QUOTES from competing insurers in just minutes

SAVE MONEY by comparing your rate to the lowest rate available through our network

CONNECT WITH OUR LARGE NETWORK of licensed insurance professionals

He's singing a tune of tenacity

Waleed Abdulhamid never let go of his aspirations and now he's teaching those around him to follow his lead

TURNING POINT

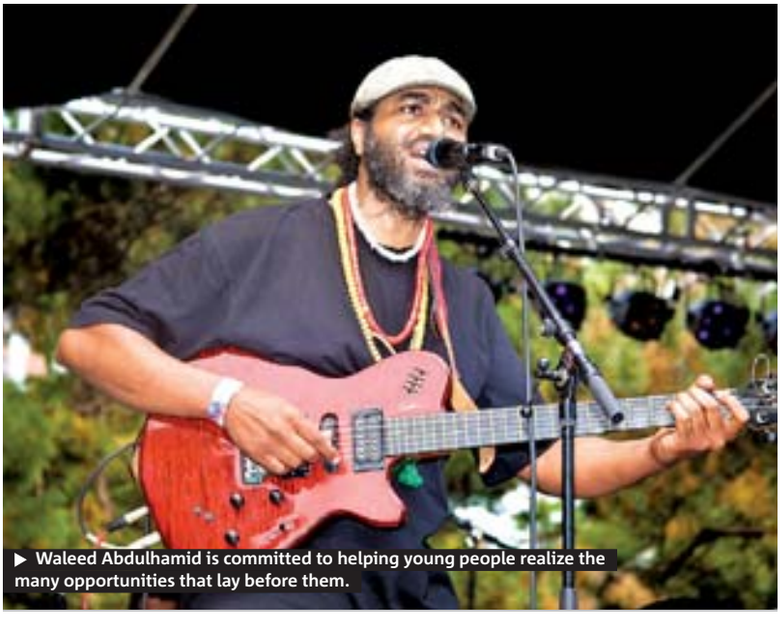
TERESA KRUZE
LIFE@METRONEWS.CA

Waleed Abdulhamid is an award-winning music artist, producer and film maker but it is his work as a mentor and teacher with the Young Centre for the Performing Arts that truly makes him special.

When he speaks to youth his message is simple.

"I'm an African immigrant. Don't wait for opportunity because you have to create it. You have to have the guts to not give up on your dream. Go for it."

JEAN-MARIE BARIKAGE



▶ Waleed Abdulhamid is committed to helping young people realize the many opportunities that lay before them.

Born in Sudan, Waleed left home at 18 to tour all the great cities of the world, performing and working with many top name artists.

But his turning point came in 1992 when he came to Canada and made Toronto his home.

"I love this city. We could be a great role model for the rest of the world because we are so diverse. We come from all colours, all cultures and that's what makes Toronto so unique."

Canada has been given a great gift in Waleed Abdulhamid because he is the "music man" of a new generation that speaks from the heart of cultural unity. He is a role model for us all.

High hopes

Do you have a dream? Waleed Abdulhamid suggests:

kills for Change

- skillsforchange.org
- A non-profit agency committed to promoting workplace diversity

Young Centre for the Performing Arts

- youngcentre.ca
- A home for leading artists and arts organizations across all performance disciplines

Rotman School of Management
UNIVERSITY OF TORONTO

Are you an internationally trained professional woman? Finding it difficult to advance your career in Canada?

Business Edge: A Program for Internationally Trained Women Professionals

- Workplace Effectiveness
- Language Fluency
- Career Action Planning
- Developing and Managing Critical Relationships
- Post-Program Support
- Coaching
- Influencing
- Negotiation Skills

Come to a free information session TOMORROW, 6–7 pm

Location: Rotman School of Management (South Campus), 149 College St., Room 310
To register call: 416.978.7066 **www.rotmanexecutive.com/businessedge**

Initiative for Women Business Rotman

Funded by: Ontario

Ontario receives support for some skills training programs from the Government of Canada

School stress 101

Canadian universities watch for signs of distress as more students under pressure seek out counselling

GRAHAM HUGHES/THE CANADIAN PRESS

Dr. Robert Franck says the demand for health services in schools has only increased.

Universities across the country will be keeping a watchful eye on their flocks, looking for signs of distress as the fall semester kicks off.

Many are training residence dons and even professors to spot struggling students, part of a broader effort that has seen universities roll out suicide awareness campaigns, wellness classes and stress-management workshops in recent years.

The push comes as campus clinics scramble to assist a growing number of students seeking help as they wrestle with depression, post-traumatic stress, eating disorders and other conditions.

And even with a list of seminars, clubs and centres to choose from, students say it can be hard to know where to turn for help.

Demand for mental health services "has grown exponentially" over the past decade, said Dr. Robert Franck, who heads the mental health clinic at McGill University in Montreal.

Last year, the clinic - one of the few in the country with several psychiatrists on staff - saw some 1,500 new students on top of those who return year-to-year, totalling more than 18,000 visits, he said.

"We try to give appointments within two weeks, because two weeks in the life of a student ... it's very important when they're struggling and in trouble," he said. THE CANADIAN PRESS

Help for all

- Universities shouldn't focus their efforts on undergraduates alone, said Kristi, a graduate student at UBC who struggled with post-traumatic stress disorder last year.
- "There's this idea that you're older, you have more life experience," and are better able to cope, said the 34-year-old, who asked that she remain unidentified.

INTRA-ORAL DENTAL ASSISTANT
DENTAL HYGIENE PROGRAM
ENROLL NOW!
• Level 1 & 2
• Smaller Class Size
• Clinic and Pre-Clinic on site
• Accredited by CDAC
• Apply Early, Seats Limited
OXFORD
* Financial Aid available to those who qualify
416-439-8668
www.oxfordedu.ca

find us
follow us
like us
We're all over your city in more ways than one. Metro brings you breaking news and great reviews.
metro

IMAGINE YOUR CAREER IN
AUDIO ENGINEERING & PRODUCTION/DJ ARTS
ENTERTAINMENT MANAGEMENT
INSTITUT TREBAS INSTITUTE
COLLEGE TRAINING SINCE 1979
OPEN HOUSE Tuesday August 16th 2011
Industry related courses • Award winning instructors
START YOUR CAREER TODAY
CALL 416 966-3066 trebas.com
Robert Plant with his Grammy Award winning TREBAS Audio Engineering graduate Mike Piersante
2340 Dundas St. W. 2nd Floor, Toronto

Get the Career YOU Want in 5-12 Months!
We Speak Your Language! 416-969-8845
Para su consulta gratis en español, por favor llame a Lidia ext 224
免费中文咨询—请电Jun分机228!
Бесплатная консультация на русском языке & Consultație gratuită în limbă română: 416 646 5599 or 647 403 9661
Hindi, Punjabi aur Tamil mein salah ke liye, kripya extension 225 pe, Niyati ko phone karein
Financial Assistance May Be Available To Those Who Qualify!
New: FREE English Courses for Our Students!
Health Care
• Personal Support Worker*
• Community Service Worker*
• Medical Office Assistant*
• Medical Receptionist
*with practicum
Law & Business
• Police Foundations (class starts in two weeks)
• Legal Office Assistant
• Business Administration
• Conference & Event Planner
Accounting & IT
• Accounting & Payroll
• Web Designer
• Network Administration
• PC Support Specialist
• Computer Service Tech
• Canadian Security Course
Other Programs
• Marketing Coordinator
• Home Inspection
• Int'l Hospitality Management
• Sales Professional
• Over 40 Diploma Programs
Call to Try Our Classes For Free!
Academy of Learning
DOWNTOWN TORONTO (Bay/Bloor)
www.aoltoronto.com

TRAIN FOR A REWARDING CAREER AS A POLICE OFFICER, SECURITY GUARD, RCMP OR PRIVATE INVESTIGATOR WITH A POLICE FOUNDATIONS DIPLOMA
* ACTUAL triOS STUDENTS
OPEN HOUSE! TUESDAY AUGUST 23RD 6pm - 8pm
triOS COLLEGE
BUSINESS • TECHNOLOGY • HEALTHCARE
1-877-610-6132 Careerin1.com
Toronto: 425 Bloor St. E. Scarborough: 4438 Sheppard Ave. E.
Mississauga: 55 City Centre Dr. Brampton: 252 Queen St. E.
Oshawa: 200 John St. Hamilton: 4 Hughson St. S.

4 sports

Serena rises from the ashes

Tennis star shows she's back in top form after health scares ‘I really wanted to win this event’: Williams

Eight weeks into her comeback, Serena Williams not only believes she can be as good as she once was, she believes she can be better.

The 29-year-old American tennis star made a pretty good point by capturing the Rogers Cup women's title in commanding fashion yesterday, dispatching No. 10-seed Samantha Stosur of Australia 6-4, 6-2 to win her first Canadian crown since 2001.

The victory was just the latest step in a remarkable comeback from injury and illness that has seen her win two of the four tournaments she's played in since being sidelined for 49 weeks.

“Being down the way I've been down and coming back, it was cool. Eight months ago if there was only one tournament I wanted to win, it was Toronto,” said Williams. “For whatever reason, I really wanted to win this event. So seeing it come true is really cool. Just going through so much and being able to win is even more amazing.”

Williams, who has 38 titles to her name including 13 Grand Slams, was sidelined just days after her Wimbledon victory last summer, first with a foot injury she suffered when she stepped on a piece of glass in a restaurant in Germany, and then with blood clots in her lungs.

“I went through a lot of things physically and mentally and emotionally, and going through so much, I'm just taking it one day at a time and just going with it.”
SERENA WILLIAMS

Williams has talked since her return about a change in philosophy, focusing on just having fun. But she was all business yesterday in front of a nearly full Rexall Centre stadium.

The mighty Williams, wearing the emerald green shirt and black skirt she'd been sporting all week, had Stosur on her heels throughout the match with her powerful strokes. She broke the 27-year-old Aussie to go up 5-4 in the opening set with a blistering backhand, and would break her twice more in the second in the one-hour-and-17-minute match, winning in emphatic fashion with her ninth ace of the match.

Williams was unseeded in the Rogers Cup and is ranked 80th in the world as she continues her comeback. She's projected to rise to No. 31 in the next rankings, and will definitely be considered a favourite at the upcoming U.S. Open.

THE CANADIAN PRESS

NATHAN DENETTE/THE CANADIAN PRESS

▶ Serena Williams reacts after defeating Samantha Stosur yesterday.

Djokovic's reign continues

Novak Djokovic won his second men's Rogers Cup title in Montreal yesterday.

- The world's top-ranked player posted a hard-fought 6-2, 3-6, 6-4 victory over sixth-seeded American Mardy Fish.
- The outcome was a popular one before a mostly pro-Djokovic full house on centre court at Uniprix Stadium.
- It was Djokovic's ninth tournament victory of the year and a record fifth win in one season at an ATP Masters 1,000 event.
- The Wimbledon champion improved his record this year to 53-1, including a perfect 29-0 on hard courts.

Quoted

“It was very important that we were finally able to get a result. It was good for our spirits to finally get a win.”
TORONTO FC DEFENDER TORSTEN FRINGS AFTER SATURDAY'S 1-0 WIN OVER REAL SALT LAKE. TORONTO'S LAST LEAGUE WIN WAS A 1-0 RESULT OVER THE VANCOUVER WHITECAPS AT THE END OF JUNE. THE VICTORY COMES AFTER FOUR STRAIGHT LOSSES FOLLOWED BY A PAIR OF DRAWS.

Scan code for more sports.

Stunning collapse costs Dufner a championship

Keegan Bradley won the PGA Championship yesterday with one of the greatest comebacks in major championship history.

Bradley was down by five strokes after a triple bogey on the 15th hole of regulation. Jason Dufner appeared to have the title wrapped up, but Bradley rallied and Dufner collapsed.

Dufner put his tee shot in the water at 15, setting up the first of three straight bogeys. Bradley made birdies at 16 and 17, going to the final hole suddenly tied for the lead.

Both players made par on the 72nd hole, but Bradley won the three-hole playoff by a single stroke. He tapped in for par at the 18th hole and lifted the Wanamaker Trophy in Johns Creek, Ga.

THE ASSOCIATED PRESS

MATT SLOCUM/THE ASSOCIATED PRESS

▶ Keegan Bradley celebrates yesterday.

Sports in brief

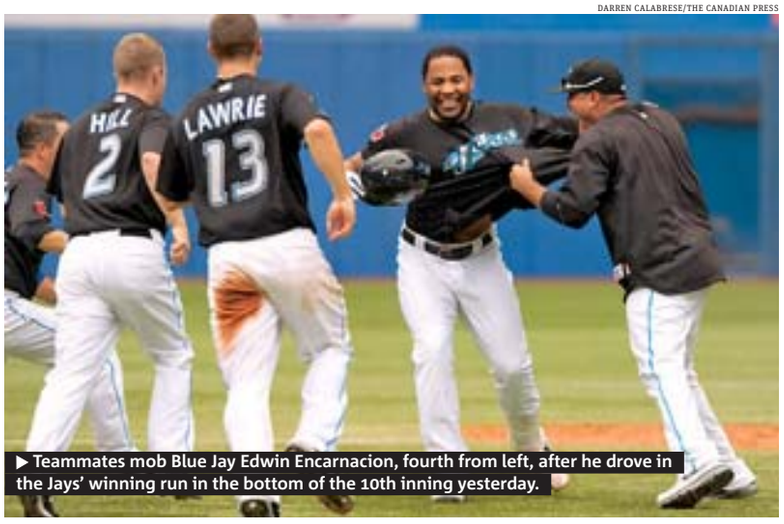
Real Madrid, Barcelona play to draw in Supercup

SOCCER. Xabi Alonso's second-half goal earned Real Madrid a 2-2 draw against Barcelona in a first-leg Spanish Supercup match yesterday. Barcelona may field Cesc Fabregas in Wednesday's return leg at the Camp Nou after announcing during the game it had reached a deal for the Arsenal midfielder. **THE ASSOCIATED PRESS**

Uggla's streak ends at 33

MLB. Braves second baseman Dan Uggla's 33-game hitting streak, the longest in the majors in five years, ended when he was 0-for-3 in yesterday's 6-5 loss to the Cubs. Uggla's streak passed Rico Carty's 31-game streak in 1970 as the longest in Atlanta Braves history.
THE ASSOCIATED PRESS

DARREN CALABRESE/THE CANADIAN PRESS



▶ Teammates mob Blue Jay Edwin Encarnacion, fourth from left, after he drove in the Jays' winning run in the bottom of the 10th inning yesterday.

Blue Jays stage late comeback

◗ Team's youngsters play big role ◗ B.C.'s Brett Lawrie batting .355 with two homers, seven RBIs since call-up

5	4
BLUE JAYS	ANGELS

Canadian Brett Lawrie, in his ninth major-league game, hit a one-out double in the ninth inning to score Colby Rasmus and lift Toronto into a 4-4 tie with the Los Angeles Angels. That paved the way for Edwin Encarnacion's run-scoring single in the 10th inning that earned the Blue Jays the 5-4 win.

"I'm sure every guy wants to be that guy in here," Lawrie said. "I was just fortunate enough that it was my turn.

"I'm not going to come up in every situation like that and I was lucky enough to help the team out and that's why I was so fired up."

Encarnacion singled with two out in the extra inning to score Yunel Escobar as Toronto won the rubber match of the three-game series. Encarnacion had extended his hit streak to 13 games in the seventh.

Jose Bautista belted his 34th homer while Eric Thames had his seventh, both in the fourth against Dan Haren.

Jon Rauch pitched the top of the 10th for the win.

THE CANADIAN PRESS

True Appiness
Download the METRO APP for your iPad, Android, BlackBerry and iPhone.
Android is a trademark of Google Inc.
metro

WE NEED
MALES & FEMALES

Are you a healthy, non-smoking

MALE OR FEMALE
18 YEARS OF AGE OR OLDER?

Free of daily medications?

If so, you may be eligible for our upcoming clinical research study:

- Study starts on Friday, Aug 19, 2011. 3 sessions with 2 short return visits per session.
- Compensation is up to $2500 for completing the entire study.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8-7, Sat-Sun: 10-6

BioPharma Services Inc.

4000 Weston Road, Toronto
www.biopharmaservices.ca

Camera
WHEN IT COMES TO EVERYONE'S SAFETY,
WE DON'T MISS A THING.
Security cameras now on buses, streetcars and collector booths.
ZERO TOLERANCE FOR ASSAULT
WORK SAFE HOME SAFE
www.ttc.ca
416-393-INFO (4636)

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	73	46	.613	—
New York	72	46	.610	½
Tampa Bay	64	55	.538	9
Toronto	61	59	.508	12½
Baltimore	46	72	.390	26½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	64	56	.533	—
Cleveland	60	57	.513	2½
Chicago	60	60	.500	4
Minnesota	52	67	.437	11½
Kansas City	50	71	.413	14½

WEST DIVISION

	W	L	Pct	GB
Texas	69	52	.570	—
Los Angeles	65	56	.537	4
Oakland	53	67	.442	15½
Seattle	52	67	.437	16

Yesterday's results

Toronto 5 L.A. Angels 4 (10 ings)

Baltimore 8 Detroit 5

Chicago White Sox 6 Kansas City 2

Seattle 5 Boston 3

Texas 7 Oakland 6

Minnesota at Cleveland (ppd., rain)

Tampa Bay at N.Y. Yankees (ppd., rain)

Saturday Results

Toronto 11 L.A. Angels 2

Chicago White Sox 5 Kansas City 4

Cleveland 3 Minnesota 1

Detroit 6 Baltimore 5

N.Y. Yankees 9 Tampa Bay 2

Seattle 5 Boston 4

Texas 7 Oakland 1

Monday Games

Minnesota (Liriano 7-9) at Detroit (Porcello 11-7), 7:05 p.m.

N.Y. Yankees (A.J.Burnett 8-9) at Kansas City (F.Paulino 1-4), 8:10 p.m.

Baltimore (Tom.Hunter 1-2) at Oakland (G.Gonzalez 9-10), 10:05 p.m.

Texas (Ogando 11-5) at L.A. Angels (Richards 0-1), 10:05 p.m.

Toronto (H.Alvarez 0-0) at Seattle (Pineda 9-7), 10:10 p.m.

Tuesday Games

Tampa Bay at Boston, 1:05 p.m., 1st game

Minnesota at Detroit, 7:05 p.m.

Tampa Bay at Boston, 7:10 p.m., 2nd game

Cleveland at Chicago White Sox, 8:10 p.m.

N.Y. Yankees at Kansas City, 8:10 p.m.

Baltimore at Oakland, 10:05 p.m.

Texas at L.A. Angels, 10:05 p.m.

Toronto at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	78	41	.655	—
Atlanta	70	51	.579	9
New York	58	62	.483	20½
Washington	57	62	.479	21
Florida	56	64	.467	22½

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	70	51	.579	—
St. Louis	64	56	.533	5½
Cincinnati	59	62	.488	11
Pittsburgh	56	63	.471	13
Chicago	53	68	.438	17
Houston	38	83	.314	32

WEST DIVISION

	W	L	Pct	GB
Arizona	68	53	.562	—
San Francisco	66	55	.545	2
Colorado	56	65	.463	12
Los Angeles	55	64	.462	12
San Diego	54	68	.443	14½

Yesterday's results

Arizona 5 N.Y. Mets 3

Chicago Cubs 6 Atlanta 5

L.A. Dodgers 7 Houston 0

Milwaukee 2 Pittsburgh 1 (10 ings)

San Diego 7 Cincinnati 3

San Francisco 5 Florida 2

Colorado at St. Louis

Washington at Philadelphia (ppd., rain)

Saturday Results

Arizona 6 N.Y. Mets 4

Chicago Cubs 8 Atlanta 4

Cincinnati 13 San Diego 1

Colorado 6 St. Louis 1

L.A. Dodgers 6 Houston 1

Milwaukee 1 Pittsburgh 0

Philadelphia 11 Washington 3

San Francisco 3 Florida 0

Monday Games

San Francisco (Bumgarner 7-11) at Atlanta (T.Hudson 12-7), 7 p.m.

St. Louis (Westbrook 9-6) at Pittsburgh (Ja.McDonald 7-6), 7:05 p.m.

Chicago Cubs (R.Lopez 3-3) at Houston (Sosa 0-1), 8:05 p.m.

L.A. Dodgers (Lilly 7-12) at Milwaukee (Wolf 9-8), 8:10 p.m.

Florida (Hensley 1-4) at Colorado (Millwood 0-1), 8:40 p.m.

N.Y. Mets (Dickey 5-11) at San Diego (Harang 11-3), 10:05 p.m.

Tuesday Games

Arizona at Philadelphia, 7:05 p.m.

Cincinnati at Washington, 7:05 p.m.

St. Louis at Pittsburgh, 7:05 p.m.

San Francisco at Atlanta, 7:10 p.m.

Chicago Cubs at Houston, 8:05 p.m.

L.A. Dodgers at Milwaukee, 8:10 p.m.

Florida at Colorado, 8:40 p.m.

N.Y. Mets at San Diego, 10:05 p.m.

BLUE JAYS 5, ANGELS 4 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
Bourjos cf	4	1	2	1	YEscor ss	3	1	0	0
Callasp 3b	3	0	0	1	EThms lf	3	1	1	2
Abreu dh	4	1	2	0	RDavis ph	1	0	0	0
TrHntr rf	4	1	1	2	Teahen pr-lf	1	0	0	0
Trumo 1b	4	0	0	0	Bautist rf	4	1	3	1
V.Wells lf	4	0	0	0	Lind 1b	5	0	0	0
HKndrc 2b	4	0	0	0	Encrnc dh	5	0	2	1
Aybar ss	4	0	0	0	Rasms cf	4	1	1	0
BoWlsn c	3	1	1	0	Lawrie 3b	4	0	1	1
Arencii c	4	0	0	0					
JMcDnl 2b	4	1	2	0					
Totals	**34**	**4**	**6**	**4**	**Totals**		**38**	**5**	**10**	**5**

Los Angeles	201	010	000	0—4
Toronto	000	201	001	1—5

Two outs when winning run scored.

DP—Toronto 1. LOB—Los Angeles 1, Toronto 7. 2B—Bourjos (21), Bo.Wilson (6), Rasmus (5), Lawrie (3), Jo.McDonald (8). 3B—Bourjos (8). HR—Tor.Hunter (15), E.Thames (7), Bautista (34). SB—Abreu 2 (17), Lawrie (1). S—Y.Escobar. SF—Callaspo.

	IP	H	R	ER	BB	SO
Los Angeles						
Haren	7	5	3	3	0	5
S.Downs H,20	1	2	0	0	0	0
Walden BS,8-34	1	2	1	1	0	1
Rodney L,2-5	1-3	0	1	1	2	1
Takahashi	1-3	1	0	0	0	0
Toronto						
Cecil	7	5	4	4	0	3
Janssen	1	0	0	0	0	1
F.Francisco	1	1	0	0	0	0
Rauch W,5-3	1	0	0	0	0	1

Umpires—Home, David Rackley; First, Alan Porter; Second, Rob Drake; Third, Gary Darling.

T—2:52. A—23,355 (49,260).

TENNIS

ATP ROGERS CUP

At Montreal
Singles
Championship

Novak Djokovic (1), Serbia, def. Mardy Fish (6), U.S., 6-2, 3-6, 6-4.

Doubles
Championship

Michael Llodra, France, and Nenad Zimonjic (4), Serbia, def. Bob and Mike Bryan (1), U.S., 6-4, 6-7 (5), 10-5 tiebreak.

WTA ROGERS CUP

At Toronto
Singles
Championship

Serena Williams, U.S., def. Sam Stosur (10), Australia, 6-4, 6-2.

Doubles
Championship

Liezel Huber and Lisa Raymond (3), U.S., def. Victoria Azarenka, Belarus, and Maria Kirilenko (4), Russia, walkover.

CFL

WEEK SEVEN

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	7	6	1	0	182	130	12
Montreal	7	5	2	0	222	156	10
Hamilton	7	4	3	0	189	176	8
Toronto	7	1	6	0	160	215	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	7	5	2	0	194	172	10
Edmonton	7	5	2	0	173	154	10
B.C.	7	1	6	0	167	202	2
Saskatchewan	7	1	6	0	147	229	2

Saturday Results

Hamilton 37 Toronto 32

Winnipeg 30 B.C. 17

Friday Result

Calgary 45 Saskatchewan 35

Thursday Result

Montreal 27 Edmonton 4

WEEK EIGHT

Byes: Calgary, Hamilton, Montreal, Winnipeg

Thursday, Aug. 18

Saskatchewan at Toronto, 7:30 p.m.

Friday, Aug. 19

B.C. at Edmonton, 9 p.m.

SOCCER

MLS

Last night's result

Portland at Houston

Saturday Results

Toronto 1 Real Salt Lake 0

D.C. United 4 Vancouver 0

Chivas USA 0 Seattle 0

Colorado 2 San Jose 1

Columbus 3 New England 1

New York 2 Chicago 2

Philadelphia 2 Dallas 2

ENGLAND

PREMIER LEAGUE

Yesterday's results

Stoke 0 Chelsea 0

West Bromwich Albion 1 Manchester United 2

LEAGUE CHAMPIONSHIP

Yesterday's results

Blackpool 2 Peterborough 1

Cardiff 3 Bristol City 1

FRANCE

LIGUE 1

Yesterday's results

Evian 1 Nice 0

Auxerre 2 Marseille 2

Lille 0 Montpellier 1

GERMANY

BUNDESLIGA

Yesterday's results

Kaiserslautern 1 Augsburg 1

Bayer Leverkusen 1 Werder Bremen 0

SCOTLAND

PREMIER LEAGUE

Yesterday's results

Kilmarnock 4 Hibernian 1

GOLF

PGA CHAMPIONSHIP

At JOHNS CREEK, Ga.
Par 70
Final round
(x—won on three-hole aggregate playoff):

x-Keegan Bradley	71-64-69-68—272
Jason Dufner	70-65-68-69—272
Anders Hansen	68-69-70-66—273
Robert Karlsson	70-71-67-67—275
David Toms	72-71-65-67—275
Scott Verplank	67-69-69-70—255
Adam Scott	69-69-70-68—276
Lee Westwood	71-68-70-68—277
Luke Donald	70-71-68-68—277
Kevin Na	72-69-70-67—278
D.A. Points	69-67-71-71—278
Trevor Immelman	69-71-71-68—279
Gary Woodland	70-70-71-68—279
Sergio Garcia	72-69-69-69—279
Bill Haas	68-73-69-69—279
Nick Watney	70-71-68-70—279
Charl Schwartzel	71-71-66-71—279
Steve Stricker	63-74-69-73—279
Brian Davis	69-73-69-69—280
Phil Mickelson	71-70-69-70—280
Ryan Palmer	71-70-69-70—280
Matt Kuchar	71-71-68-70—270
Hunter Mahan	72-72-66-70—280
John Senden	68-68-72-72—280
Brendan Steele	69-68-66-77—280
Charles Howell III	72-68-73-68—281
Robert Allenby	72-70-71-68—281
Jerry Kelly	65-73-74-69—281
Bubba Watson	74-68-70-69—281
Mark Wilson	69-71-71-70—281
Scott Piercy	71-68-71-71—281
Brendon de Jonge	68-72-69-72—281
Spencer Levin	71-70-68-72—281
Chris Kirk	72-72-69-69—282
Alexander Noren	70-72-68-72—282
Francesco Molinari	72-71-67-72—282
Matteo Manassero	68-74-71-70—283
Ben Crane	71-72-66-74—283
Johan Edfors	71-70-73-70—284
Harrison Frazar	72-69-72-71—284
Ian Poulter	74-68-70-72—284
K.J. Choi	70-73-69-72—284
Bill Lunde	71-71-69-73—284
Jim Furyk	71-65-73-75—284
Andres Romero	72-70-74-69—285
Pablo Larrazabal	70-73-76-66—295
Ross Fisher	71-69-76-69—285
Seung-yul Noh	71-70-75-69—285
Yuta Ikeda	73-68-72-72—285
Brandt Jobe	68-69-73-75—285
Rickie Fowler	74-69-75-68—286
John Rollins	72-72-70-72—286
Jhonattan Vegas	70-68-74-74—286
Johnson Wagner	71-69-72-74—286
Simon Dyson	68-72-71-75—286
Ryan Moore	75-69-76-67—287
Ricky Barnes	69-75-71-72—287
Bryce Molder	74-69-70-74—287
Michael Bradley	70-74-74-70—288
Zach Johnson	71-72-73-72—288
K.T. Kim	73-71-70-74—288
Kevin Streelman	73-71-71-75—290
Robert Garrigus	70-70-74-76—290
Sean O'Hair	71-73-77-70—291
Peter Hanson	71-71-76-73—291
Padraig Harrington	73-69-75-74—291
Rory McIlroy	70-73-74-74—291
Miguel Angel Jimenez	69-73-72-77—291
Edoardo Molinari	75-69-76-72—292
Y.E. Yang	71-73-74-74—292
Mike Small	73-71-70-78—292
Paul Casey	72-72-78-72—294
Davis Love III	68-71-76-79—294
Shaun Micheel	66-78-77-74—295
Rory Sabbatini	73-69-73-80—255

NATIONWIDE-PRICE CUTTER CHARITY CHAMPIONSHIP

At SPRINGFIELD, Mo.
Par 72
Final round

Steve Friesen, $112,500	62-68-68-64—262
Gavin Coles, $67,500	64-68-69-66—267
Paul Claxton, $28,188	69-65-68-66—268
Cliff Kresge, $28,188	67-65-69-67—268
Ted Potter, Jr., $28,188	69-64-68-67—268
Josh Broadaway, $28,188	66-65-68-69—268
Travis Hampshire, $28,188	68-67-63-70—268
Justin Bolli, $19,375	69-69-67-64—269
Jay Williamson, $16,875	69-66-69-66—270
Michael Sims, $16,875	69-67-65-69—270
Casey Wittenberg, $16,875	68-69-63-70—270
Russell Knox, $14,375	68-67-69-67—271
Nicholas Thompson, $10,714	69-66-69-68—272
Tommy Biershenk, $10,714	68-69-67-68—272
Jason Kokrak, $10,714	70-67-67-68—272
John Kimbell, $10,714	70-68-66-68—272
Tyrone Van Aswegen, $10,714	66-67-70-69—272
Seong Ho Lee, $10,714	70-66-67-69—272
Ken Duke, $10,714	68-67-68-69—272
James Hahn, $7,025	68-69-69-67—273
Dawie van der Walt, $7,025	69-69-68-67—273
Brad Adamonis, $7,025	66-66-72-69—273
Craig Bowden, $7,025	65-68-71-69—273
Rob Oppenheim, $7,025	69-70-65-69—273
David Lutterus, $5,125	67-66-71-70—274
Patrick Reed, $5,125	69-67-68-70—274
Peter Lonard, $5,125	69-68-67-70—274
Kyle Reifers, $5,125	71-67-66-70—274
Mark Anderson, $4,292	68-66-71-70—275
Brian Smock, $4,292	71-68-67-69—275
Brian Stuard, $4,292	68-69-67-71—275
Rahil Gangjee, $3,625	70-68-71-67—276
Trevor Murphy, $3,625	70-67-71-68—276
Scott Sterling, $3,625	69-68-70-69—276
Greg Owen, $3,625	68-70-67-71—276
Zack Sucher, $3,625	66-66-72-72—276
David Morland IV, $3,625	70-66-68-72—276
Also	
David Morland IV, $3,625	**70-66-68-72-276**

NFL

PRE-SEASON

Saturday's results

Cleveland 27, Green Bay 17

Chicago 10, Buffalo 3

Tennessee 14, Minnesota 3

St. Louis 33, Indianapolis 10

Carolina 20, N.Y. Giants 10

Tonight's game

N.Y. Jets at Houston, 8 p.m.

Thursday, Aug. 18

New England at Tampa Bay, 7:30 p.m.

Philadelphia at Pittsburgh, 8 p.m.

Friday, Aug. 19

Washington at Indianapolis, 7 p.m.

Carolina at Miami, 7:30 p.m.

Detroit at Cleveland, 7:30 p.m.

Kansas City at Baltimore, 7:30 p.m.

Arizona at Green Bay, 8 p.m.

Atlanta at Jacksonville, 8 p.m.

Saturday, Aug. 20

Oakland at San Francisco, 8 p.m.

Tennessee at St. Louis, 8 p.m.

New Orleans at Houston, 8 p.m.

Buffalo at Denver, 8:30 p.m.

Minnesota at Seattle, 10 p.m.

Sunday, Aug. 21

Cincinnati at N.Y. Jets, 7 p.m.

San Diego at Dallas, 8 p.m.

Monday, Aug. 22

Chicago at N.Y. Giants, 8 p.m.

Apartment Finder

To advertise contact Ian March at 416-443-4388

LIVE IN ANY OF THESE CERTIFIED RENTAL BUILDINGS

TORONTO CENTRAL

YONGE ST & LAWRENCE	3000 YONGE ST	416-529-1697
Bachelor from $835	1 & 2 Bdrms from $950	One month free on select suites
BATHURST & EGLINTON	630 ROSELAWN	416-782-9119
Bachelor from $850	1 & 2 bdrms from $1075	Parking & utilities included

NORTH YORK

KEELE & LAWRENCE	2050 KEELE ST	416-575-4821 / 416-249-1144
Jr 1 Bd from $795	1, 2, & 3 Bdrms from $835	
JANE & LAWRENCE	1755 JANE ST	416-248-9735 / 416-529-8964
Jr 1 Bd from $775	1 & 2 Bdrms from $825	Ask about our 1st mth free move in incentive

MISSISSAUGA

LAKESHORE & CLARKSON GO STATION	2150 BROMSGROVE	416-529-1761
1 & 2 Bdrms from $1025		1 month free on select suites

*HAS YET TO BE CERTIFIED

FOR MORE INFORMATION AND PICTURES VISIT WWW.OSHANTER.COM

O'SHANTER

PHARMACY & DANFORTH AVE.

1 bd. from $835 2 bd. from $975

Utilities included, New kitchen & bathroom on select suites, security, shops on site, short walk to Victoria Park subway

Mon-Fri 9-5 Sat 12-5

416.694.3187

WWW.PRINCESSMGMT.COM

JANE/STEELES

310/320 Niska Road *(north york)*

FRESHLY PAINTED AND WELL MAINTAINED

Spacious 2 bdrm units from $900/mo.

Walk to York University
Parking Available
Large balconies

Call 416-720-9500

BLOOR / MT. PLEASANT

5 & 11 Elm Ave
1 & 2 Bedrooms
from $1,350

- Close to all amenities
- Walk to TTC
- All renovated apts

Ask about our incentives

CALL 416•966•9052
416•528•4356

email: rkrehm@oshanter.com

FACING DUNDAS WEST SUBWAY STATION

BACHELOR FROM $769
1 BDRM FROM $979
2 BDRM $1,350

A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West

416-532-3331

YONGE & DAVISVILLE Brentwood Towers

BACH, 1&2 BR FROM $835

Spacious & newly-renovated
Steps to subway
Upscale Neighbourhood
Convenience store in complex

Property is a Certified Rental Building!

CALL 416•485•2538

11am-7pm weekdays,10am -4pm Saturdays

www.oshanter.com

KING & JAMESON

Toronto IS expensive!
Ahead of the curve
Liberty West
Bargain Downtown Living
Renovated apartments
Bachelor: from $705 + hydro
1 Bedroom: from $865 + hydro

CALL ANN 416-534-5610

torontorentals.com/109jameson

True Appiness

Download the METRO APP for your iPad, Android, BlackBerry and iPhone.

App Store · BlackBerry App World · Android is a trademark of Google Inc.

metro

AVENUE RD. & ST. CLAIR

425 Avenue Road
1 Bedrooms
FROM $1350

NEWLY renovated
Spacious, hardwood floors
Steps to Ave Rd & St. Clair intersection
Upscale neighborhood
Close to amenities

CALL 416•526•8982

www.oshanter.com

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

OVERWHELMED BY DEBT?

Call the Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(no area code needed)

DAVID SKLAR & ASSOCIATES INC.

Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1

NORTH YORK | TORONTO | PICKERING / AJAX | MISSISSAUGA / ETOBICOKE

For more information visit us online at www.DavidSklar.com

HAS YOUR SHORT OR LONG TERM DISABILITY CLAIM BEEN DENIED?

HAVE YOU BEEN WRONGFULLY TERMINATED FROM YOUR JOB?

Free initial consultation - No fee until we settle

Call Stephen Ellis
B.A. (Hons.), LL.B, Barrister & Solicitor

Tel: (416) 512 2301 • Fax: (416) 512 2025
stephen@ellislaw.ca

CREDIT PROBLEMS? Pay NO Interest!

$ SAVE $ MONEY

Consolidate All Your Debts Into ONE SMALL MONTHLY PAYMENT!

We beat any offer in Ontario GUARANTEED!

Call Now.. 416-900-2324

EMPIREONE CREDIT SOLUTIONS

Free & Private Consultation

SCARBOROUGH	PICKERING	NORTH YORK	MISSISSAUGA
250 Consumers Rd. Suite 810	1550 Kingston Rd. Suite 202	1111 Finch Ave. W. Suite 207	165 Dundas Ave. W. Suite 307

MoneyProvider.com

$500 Loan and more

No credit refused

Fast, easy and secure

www.moneyprovider.com

1-877-776-1660

PFS Need a loan?

Bankrupt? Proposal? Bad Credit?

Get the LOWEST rates for bad credit personal loans in the gta!

- Car paid off - up to $20,000 (6 years or newer)
- Personal Loan up to $5,000 (1 year on job; $16/hr. min.req.)

Prudent Financial Services

The leader in bad credit loans since 1984.

416-634-2013

PrudentLoanApprovals.com

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Purchase or re-finance up to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good, bad or no credit?
- Behind in Mortgage Payments?

CALL TODAY FOR DETAILS
HOMELAND MORTGAGE
416-913-9593
OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

Debt Relief

Are you struggling with debts?

Let us help you:

- consolidate debts and make low monthly payments
- settle debts without bankruptcy, no interest
- reduce the amount to pay back
- stop harassing calls, letters & garnishments

Nona Ramcharan
Estate Administrator
Credit Counsellor

Free Confidential Consultation

Direct Line:416-455-7709

RUMANEK & CO. LTD.

Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Offices in North York, Scarborough & Mississauga
Tel: 416-665-DEBT

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!

metro play

NEED MONEY?

✓No credit checks
✓Fast approvals

call 1-888-499-5629

And get cash now!!

www.mynextpay.com

LEGAL

DIVORCE CLINIC

LAWYERS • PARALEGALS
COMPLETE SERVICE

GET YOUR LIFE BACK... FAST!

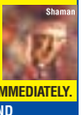
416•593•7100

www.divorceclinic.ca

393 University Ave. 20th Floor
In the Court Building

PSYCHICS

DO NOT BELIEVE IN WITCHES THAT THEY EXIST. EXIST...



Shaman

- SHAMAN, INDIAN, GURU, HEALER OF BIRTH
- CONNOISSEUR IN ALL THE SECRETS OF THE ART OF THE LOVE, RETURN YOUR LOVE ON IMMEDIATELY.
- SPIRITUAL HEALING AND EXORCISMS.
- WE CLEAN HOUSES AND BUSINESS.
- I DO NOT HAVE MARGIN OF ERROR.
- 33 YEARS OF EXPERIENCE.
- I AM RIGHT WHERE OTHERS FAIL.
- "ANY PROBLEM HAS SOLUTION"
- "ANY ILLNESS HAS HEALING"

I have reached this country fleeing from situations of family violence, I was abused by my husband. In Canada I began a new relationship and after a while it became aggressive. After I visited SHAMAN who removed all bad energy and harmonized my relationship, now we are in peace enjoying our romance. *LEO*

I HAVE THE SECRETS AND PRAYERS TO WIN IN THE GAMES. I SHOW YOU THE FACE OF YOUR ENEMY, TAROT, RUNAS, CARACOLES.

WE ALSO SPEAK SPANISH

100% GUARANTEE 647-349-7644

PSYCHICS

I AM ILLUMINATED WITH THE MAGIC OF THE GUARDIAN ANGELS

Known for fast results and excellent query that will tell you all thanks to his gift of birth.

I CAN HELP TO RESOUL PROBLEMS LIKE:

Fix Up Your Divorce, Immediately Returns Of Your Love One. Filters Of Love, Impotence Sexual, Unknown Disease, Family Reconciliations And Good Lock In Exams And Projects. Specialist in Hidden Works, Remove All Witchcraft, Unblock The Luck And Protect From All Kind Of Enemies. I Only Accept Difficult Cases By Appointment Only. Without false promises. Real testimonials.

Bring this ad and get 50% Discount!

I made a mistake and cheated on my boyfriend and he left me because of that, Mr Angel did a love spell on him, and the very same day my boy friend was calling me, and begging me to be back with him, thanks Mr Angel for your help.

Call Toll Free 1-888-407-9593

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!

metro play

HELP WANTED

General Help

EXPERIENCED TELE-SALES REP NEEDED FULL TIME
Must have excellent communication and computer skills.
EMAIL RESUMES TO:
hr@simprosolutions.com
Located King & Bathurst

FT/PT Security Positions Available in GTA
Apply online at: **www.condorsecurity.ca**

NO EXPERIENCE? NO PROBLEM!
Looking for a Career in Skilled Trades?

Pursue a Career in:
Electrical, Network Cabling, Plumbing, Gas Technician 3, HVAC, Appliance Service, Carpentry, Craftworker.
OPEN HOUSE
Wednesday, August 24, 2011 6:30 p.m.
11 Kodiak Crescent
Toronto, Ontario
Call to book a seat!
1-888-501-9272 or www.youthac.ca

Seeking Full Time Representatives
to help keep up with our ever growing business demands. Earn avg. of $800 per week. No experience necessary. Training provided for accepted applicants. Students welcome. Scholarships available. Fantastic career opportunities!
Call:416.290.6820

Education

All LANGUAGE CLASSES AT $7 / h
ESL, English, French, Spanish, and more.
TOEFL, IELTS, Math, Web Design at low fees
www.ccet.ca or call 416-926-0540

Does your parrot talk too much?
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Skilled and Technical Help

CANONBIE An Aecon Company

Canonbie Contracting Limited
Seeking Pipefitter/Steamfitters

Canonbie Contracting Ltd., is searching for experienced Journeyman Red Seal Pipefitters/Steamfitters for our Firebag Project located in Fort McMurray, AB. The position is a camp job with a scheduled shift rotation. Canonbie Contracting is affiliated with the Christian Labour Association of Canada (CLAC).
Industrial Construction and trades experience is an asset.
If you require further information on the position, have a valid Red Seal Journeyman ticket and can start immediately, please submit your resume to www.canonbie.ca

Thank you for your interest in Canonbie Contracting Ltd., only candidates shortlisted for an interview will be contacted.

SAMPLE SEAMSTRESS
Full time for designer gowns. Minimum 5 years experience. Must be able to speak English. Contact Laura at 416-977-1793 Ext. 26

REAL ESTATE

Commercial Real Estate

765 Sq Ft Office Sublet Available now to April 1, 2013 Don Mills/York Mills area. 2 connecting rooms, built in bookcases, & kitchen area. Class A Building with Parking, 24hr Security, Restaurant, bank.
416 447 3313
atgtga@gmail.com

RENTALS

Apartments Unfurnished

Single non-smoker wanted for , bright, basement, bach. apt. Private entrance, close to transportation, central air, appliances. Excellent area. Serious inquiries call 416-783-9290

MERCHANDISE

Consumables

Canned Fruits & Vegetables
Henan Jinzhi Rong Food Industry Co., Ltd.
Call +01186-370-6332098
jzrfood@gmail.com

Condos, Townhouses & Duplexes Unfurnished

SERVICES

Administrative

RESUMES, COVER LETTERS
92% SUCCESS RATE
416-755-9198
WWW.DBPC.CA

Psychics

CRYSTAL - Born psychic with God's gifted healing energies. Natural reading done in person/phone without objects. Remove evil spirits, black magic, court cases, careers, reunite loved ones, counselling etc. CALL NOW!! 647-430-0038

Psychics

ARE YOU SUFFERING?
WITCH, HEALER & ADVISER
I GUARANTEED HELPING YOU WITH THE FOLLOWING ISSUES:
- Attack, dominate and bring back your love one
- Remove all witchcraft and evil influence
- Readings: tarot, aura, tobacco, palm, etc.
- Finding solutions for money problems, bad luck and health
- Show you the face of your enemy

I ONLY ACCEPT DIFFICULT CASES
BY APPOINTMENT ONLY
647-717-2069
REAL TESTIMONIALS

My mom told me numerous times that I was a victim of witchcraft since it wasn't possible that I was having such bad luck. I would send many work application but I wouldn't get a job and lost the job I had. I trusted the Shaman and his spells for good luck. Thanks to god, the talisman and his prayer, I am now working and more relaxed. Thanks god, my mom and thank you Shaman.
100% GUARANTEED *MELVIN SMITH & YOLI CLUM*

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Legal

AFFORDABLE LEGAL HELP. TRAFFIC TICKETS, LANDLORD AND TENANT DISPUTES, SMALL CLAIMS COURT, PROVINCIAL OFFENCES, DRIVING UNDER INFLUENCE. (416)742-4242.

Condos, Townhouses & Duplexes Unfurnished

Psychics

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression
Success in business.
Court cases.
Protection against evil
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. 416-783-3910

Legal

Free Family Law Information.
The Parent Information Program **(PIP)** offers FREE seminars that provide participants with information about the family court structure, the litigation process, the emotional costs of separation and divorce, and alternatives to litigation. PIP also helps participants to learn new skills to help them cope with separation and divorce. To register for a seminar or to get more information call 416-650-8104 or visit our website **www.pip.yorku.ca**.

SADIE LEGAL SERVICES PC
We understand the prolonged effects of accident or medical negligence. Free consult.
905-896-3636 www.getcompensation.ca

HEALTH & BEAUTY

Massage/Therapists

AFFORDABLE MASSAGE AND ACUPUNCTURE
Accepts Insurance
2347 Kennedy Rd #203 - T-416 -901-6803

Weight Management

Dr Lou Ignarro PhD 1998 Nobel Laureate Maintain a healthy heart. Food Supplement was developed by Herbalife in collaboration with Dr. Lou Ignarro PhD (1998 Nobel Laureate in Medicine) who dedicated his life to researching the life enhancing properties of Nitric Oxide.
For more information and purchase please visit my website below
https://www.herbalhealthdirect.com/abdoulaziz/products

Condos, Townhouses & Duplexes Unfurnished

HOUSEHOLD SERVICES

General Services

ExpressHomeRenovation.ca
Painting, Flooring, Tiling, Stairs, Stretch Ceilings, Showers
647-229-9949

Movers

INSURED MOVING COMPANY
Reliable, 24/7 Service , Small to Big Jobs, Commercial & Residential. Great Rates Call (416)514-0257 24hr(647)857-9111

Tired of going to the cottage?
Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

like us metro
follow us metro

Condos, Townhouses & Duplexes Unfurnished

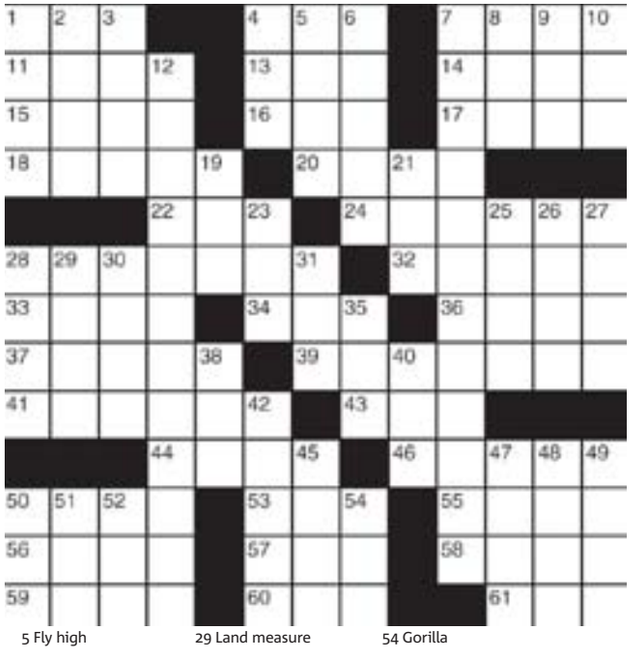
Condos, Townhouses & Duplexes Unfurnished

COMING SOON! Luxury Tridel Condominium
REVE at 560 Front Street West - Front/Bathurst
Visit our website for more information:
www.delrentals.com/toronto
or contact Kim Hayman at: kim@delrentals.com

DEL® CONDOMINIUM RENTALS

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Crossword



Across

1 Small pellets
4 Cigar residue
7 Soft-drink flavor
11 Secular
13 Sticky stuff
14 Mountain goat
15 Norway's capital
16 Erstwhile acorn
17 Buster Brown's dog
18 Grave robber
20 Red gemstone
22 Pinch
24 Round peg in a square hole
28 3/4 time dances
32 Coast
33 Bakery employee
34 — Mahal
36 Capri is one
37 Cafeteria carriers
39 Mends old jeans, maybe
41 Old Toyota model
43 Stir-fry pan
44 Cambodia neighbor
46 It makes dough rise
50 God, in Grenoble
53 "CSI" evidence
55 Ancient letter
56 Bedouin
57 Republicans
58 Ollie's pal
59 New York ball club
60 Female sheep
61 Choose

Down

1 Online journal
2 Wild party
3 Missile shelter
4 Past
5 Fly high
6 Nonsense
7 1991 movie for which Jack Palance earned an Oscar
8 Japanese sash
9 Lower limb
10 Hatchet
12 Golfers' meccas
19 Taylor or Claiborne
21 Huge
23 Favorite
25 Tuna or carp
26 Not busy
27 Ball holders
28 Skater Katarina
29 Land measure
30 Shakespearean king
31 Tree fluid
35 Mandible
38 Vast expanse
40 Plaything
42 Skiers' hotel
45 Winter forecast
47 Car
48 Break suddenly
49 Campsite shelter
50 Beaver's construction
51 Anger
52 Dine on
54 Gorilla

▶ Yesterday's answer

Sudoku

					3		2	6
2	6							
					2	3		5
6	5			7	1		9	
	4						5	
	9		8	6			4	1
7		5	9					
							6	7
9	8		3					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	8	3	9	2	4	7	1	5
9	1	2	6	7	5	8	4	3
5	7	4	3	8	1	9	2	6
1	5	8	2	6	3	4	7	9
2	4	6	1	9	7	3	5	8
7	3	9	5	4	8	1	6	2
8	2	7	4	3	6	5	9	1
4	9	1	8	5	2	6	3	7
3	6	5	7	1	9	2	8	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

AMR
I love you. You are the best that ever happened to me, you make me complete. I miss you terribly and can't wait to come back in your arms because only then I will know that everything is all right. You are my one true love and I feel so grateful that I have you in my life... you who accept my flaws and love me the way I am. Sweetheart, I love you. I miss you. Happy birthday! **FROM AER**

young blond haired boy in a blue mini van
to the young blond haired boy in the blue van at Hasty Mart store Sarnia and Wonderland, thank you for making my DAY,HECK YOOU MADE THIS LADIES YEAR!!!! to his parents you have raised a very respectful and polite young man thank you!!!! **FROM BEAUTIFUL LADY**

Today
26°/17°
Variable
Tuesday
27°/18°
Partly cloudy
STAY PREPARED WITH OUR MOBILE WEBSITE.
Visit theweathernetwork.com on your mobile.
©The Weather Network 2011

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Speak your mind today and if others don't like what you have to say that's too bad.

♉ Taurus April 21-May 21 This is not an easy time of year for you but, as always, you will rise to the challenges that come your way.

♊ Gemini May 22-June 21 You will be at your imperious best as the new weeks begins.

♋ Cancer June 22-July 22 Don't commit yourself to anything that cannot be changed at a moment's notice.

♌ Leo July 23-Aug.23 No matter what problems or difficulties you may encounter over the next few days you will deal with them all with ease.

♍ Virgo Aug. 24- Sept. 22 You will certainly make an impression today but will it be the right sort?

♎ Libra Sept. 23-Oct. 23 Most people you deal with today will give you what you desire without having to be asked twice.

♏ Scorpio Oct. 24-Nov. 22 A door that has been closed to you in the past is at last starting to open but for some reason you seem reluctant to pass through.

♐ Sagittarius Nov. 23-Dec. 21 Stay calm and don't get carried away with your own success.

♑ Capricorn Dec. 22-Jan. 20 If your attitude is right you'll do a wonderfully good job.

♒ Aquarius Jan. 21-Feb. 18 Is what you are doing with your life what you want to be doing a year from now?

♓ Pisces Feb. 19-March 20. Break out of the rut you are in and learn to enjoy living close to the edge. **SALLY BROMPTON**

Caption contest

KOJI SASAHARA/ THE ASSOCIATED PRESS

AIJAZ RAHI/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

RENT A CAR
$10.00 OFF
730 Yonge Street
YONGE & BLOOR Location Only
Discount
416.921.1212
SAVE $10 OFF YOUR CAR RENTAL!
Offer Expires August 22, 2011. One Coupon Per Rental.

Our latest cameras talk, text and send emails

At Black's, you can print professional quality photos and create custom PhotoBooks or photo keepsakes from pictures taken with your camera phone.

Plus, get a **WiFi Media eReader** with a new 3-year **TELUS** activation.

Value $179.99. See an Expert Associate in-store for more details.

Download the new FREE Black's Photo Print App.

print | share | edit | upload

Available now for iPhone, iPad, BlackBerry and Android Devices. **visit blacks.ca/apps.**

N081511MT

BLACK'S®

www.blacks.ca